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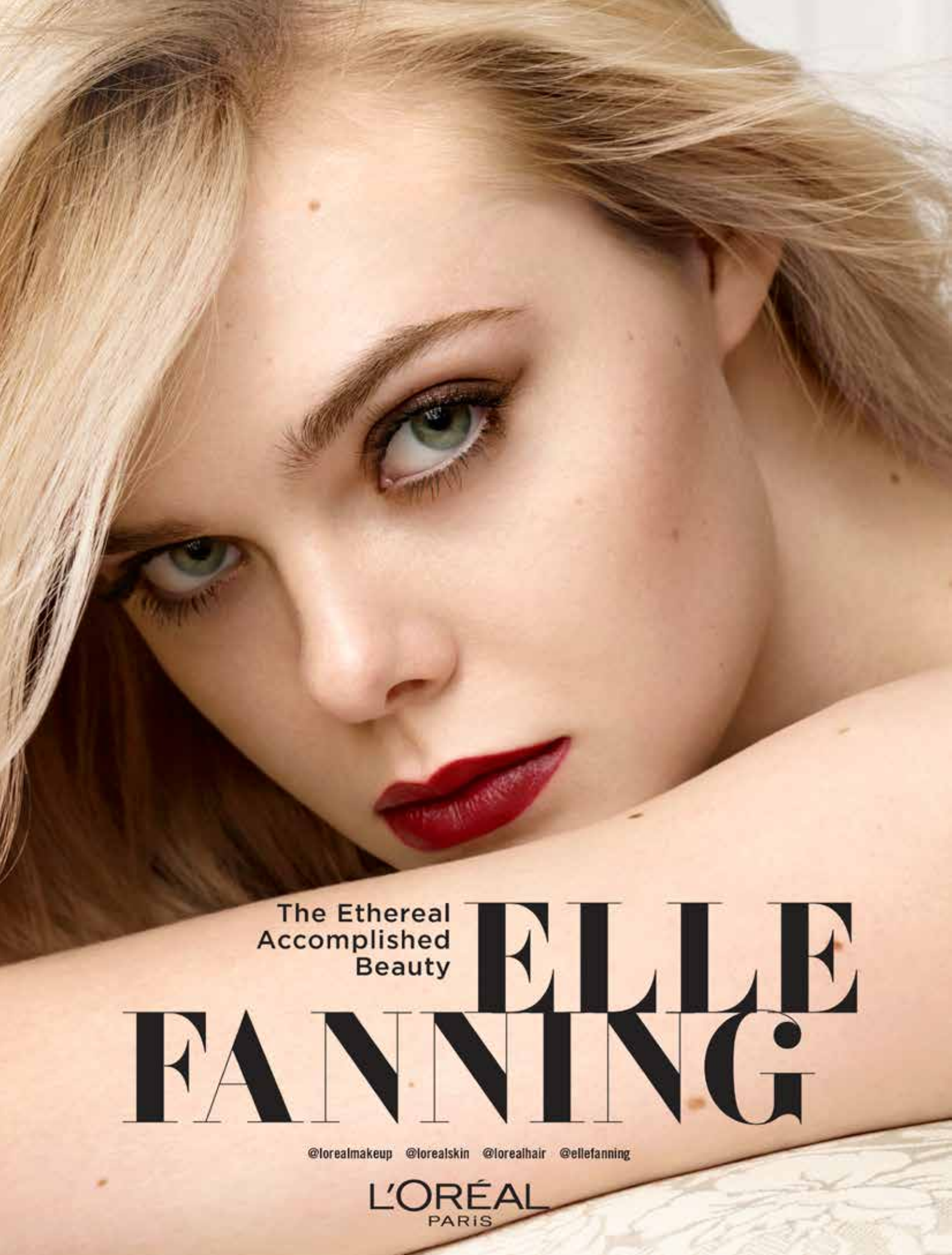
WINTER 2017

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55



47



12



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38



60

ATLANTA SOCIAL season

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Winter 2017

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ON THE COVER:

Karen Shapiro and Jeffrey Shapiro, M.D.
Karen will chair the 2018 Piedmont Ball
Photo by Ben Rose Photography

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FUNDRAISERS SINCE 1981

Winter 2017

Publisher & Editor	Gloria Lane
Associate Publisher	Brett Lane
Art Director	Jane Chika
Associate Editor	Nancy Gillespie McAllister
Copy Editor	Shandra Hill Smith
Travel Editor	Jan Pringle
Travel Photographer	Jim Pringle
Nashville Producer	LaRawn Scaife Rhea
Account Managers	Becky Arwood Amanda Boatwright
Health	Gloria Lane
Beauty	Brett Lane
Dining Columnist	David Danzig
Production Coordinator	Emily Valentine
Contributing Writers	Cornelia Powell Katie McElveen
Photographers	Ben Rose Susan Adcock Doug Smith Janet Howard Studios
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MAILING ADDRESS:

Atlanta Social Season
3411 Kingsbere Trace
Marietta, GA 30062

PHONE: 770.998.1118

EMAIL: info@seasonmagazine.com

FACEBOOK: facebook.com/seasonmag

TWITTER: @seasonmagazine

INSTAGRAM: atlsocialseason

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Letter from the Editor



GLORIA LANE

THIS IS A TIME OF YEAR when many of us promise ourselves we will get healthy, wealthy and wise. The gyms and spas will be filled with individuals still trying to work off that Thanksgiving turkey, followed by the Christmas ham, the champagne of New Year's and the intention to look our best by Valentine's Day. It's a season of good intentions and fervent promises to eat less, work out more and try for transformation of our shortcomings. Striving for improvement is a good thing.

Leaders and members of our nonprofit organizations will launch the new year with hopes of beating last year's goals and accomplishments — maybe this year people will give more time and donate more money; sharing and caring. Businesses will open their hearts and expand their budgets to aid more worthy efforts. These are the people who make a difference in our community and in our lives. The balls, the luncheons, the parties are all icing on the cake for the hard work, long hours and generous spirits that plan these events, support the events and volunteer to work for good causes. For many, these occasions are cause to celebrate, to put on our party attire and dancing shoes to show our support. We hope that the pages of events in this issue will inspire many to join the world of volunteers out to fight sickness and disease, to protect animals and the environment and to support the arts, all in all making our world a better place.

On a personal note, this year Season Magazine will mark its 37th year since I sat up in bed one night and sketched plans for a publication designed to help coordinate the schedules of fundraising events so that there wouldn't be so many conflicts on the same day or night. There are so many wonderful events in Atlanta and our surrounding cities nowadays that it would be impossible to boil them down to one calendar page at a time. Which is fine, because we now have our beautiful website, seasonmagazine.com, to take up the slack and fill in the news of events we think you may want to go to, or volunteer for, or support in any way you choose. Make the choice. I can guarantee it will make you feel good to "do good."

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2018 Piedmont Ball

HONORARY BALL CHAIRMAN MARTI BLINCOE AND WILLIAM A. BLINCOE, M.D., WITH DAUGHTERS KELLER BATTEY AND CAMY BLINCOE

The sixty-first Piedmont Ball sponsored by The Woman's Auxiliary of Piedmont Hospital will take place **Saturday, January 27, 2018**, at the Piedmont Driving Club. Designed by Tony Brewer and Company, "Garden of Zen" promises to be unforgettable.

Mrs. Jeffrey D. Shapiro (Karen) is the ball chairman and Mrs. William A. Blincoe (Marti) is honorary ball chairman. Mrs. Robert A. Miller (Dana) is president of The Woman's Auxiliary.

Guests will dance the evening away to Big Swing and the Ballroom Blasters, back by popular demand. The late-night entertainment will come from Atlanta's own very talented Joe Alterman playing jazz in the Alexandria Room.

The Special Gifts Committee has collected fabulous door prizes from The Ritz-Carlton, Atlanta; Saks Fifth Avenue; Moattar Ltd.; Lisa Stein; BB&T and Canoe.

Jim Edenfield and Jeff Shapiro, M.D., are serving as the Men's Committee co-chairmen. Joyce Reifsteck has designed the pin for the gentlemen to wear during the 2018 Piedmont Ball.

Proceeds from the ball will go toward the purchase of advanced airway equipment for the Department of Anesthesiology at Piedmont Atlanta. With medical technology rapidly changing, this will help to ensure that anesthesiologists have access to such technology to provide the safest care to patients. Video laryngoscopy is the future of surgical airway management and Piedmont patients will be able to benefit from these advances.

The Woman's Auxiliary of Piedmont Hospital hopes that you will mark your calendar and plan to be a part of this most wonderful evening. **For additional information, please call the Auxiliary Office at 404-605-3273.**



BALL CHAIRMAN KAREN SHAPIRO AND JEFFREY D. SHAPIRO, M.D.



AUXILIARY PRESIDENT DANA MILLER AND ROBERT A. MILLER, M.D.

Crystal Ball

SOCIAL SCENE



“**Bienvenidos a Barcelona**” transported guests to one of Spain’s beloved destinations as the setting for the Arthritis Foundation’s 2017 Crystal Ball. The ballroom of The Ritz-Carlton Buckhead provided an elegant backdrop for an evening of Spanish culture and dancing while supporting those who are not able to move so freely with their bodies. Crystal Ball chairs Kerri and Dr. Shervin Oskouei delivered a fabulous evening for guests as they honored Dr. Kenneth and Molly Kress for their loyal support of the Arthritis Foundation Atlanta.

CHAIRS DR. SHERVIN
AND KERRI OSKOU EI



FAR RIGHT:
HONOREES DR. AND MRS.
KENNETH KRESS



JACK SLOVER,
JAMIE JOHNSON,
JADE SYKES SLOVER,
JILL BERRY

FAR RIGHT:
JILL BERRY
ELIZABETH SPIEGEL,
JADE SYKES SLOVER



PHOTO: ADAM THOMPSON

the beastly feast

THE 2018 BEASTLY FEAST promises an evening of wildlife, adventure, fine dining and entertainment on the grounds of **Zoo Atlanta** on **Saturday, May 5**. More than 800 guests will enjoy a night of intrigue and excitement in the unique setting of Zoo Atlanta surrounded by its exotic wildlife residents. Themed Under the Canopy, the black-tie gala celebrates the Zoo’s western lowland gorilla collection and its habitat the rainforest. **The Ford Motor Company Fund** will be the Presenting Sponsor, marking Ford’s 33rd year of support for the black-tie gala.

Janin and Tad Hutcheson will serve as event Co-Chairs. Other committee members include Patron Chair Tony Brewer, Auction Co-Chairs Kristen Gibbs and Matthew Simon; Hospitality Chair Keven Lake, local Ford Motor Company representative and Zoo Atlanta Board of Directors Vice-Chair Mark A. Street and Benna Logan of the Ford Motor Company Fund.

The evening begins with a sunset walk throughout the Zoo grounds enjoying lavish hors d’oeuvres from popular restaurants while being entertained by the exotic animals of Zoo Atlanta. A catered dinner under the Ford Pavilion, beautifully appointed by Tony Brewer & Company, an auction featuring sports tickets and memorabilia, fine art, jewelry, vacation packages and dancing to live music completes the evening.

All donations to the Beastly Feast support mission-critical conservation and education efforts contributing directly to Zoo Atlanta’s reputation as a national leader in animal care and preservation of endangered species.

Tickets for the 2018 event will sell quickly, so pledge your support today! Host tables for 10 are ideal for groups at \$5,000 and corporate donors may sponsor tables for 10 starting at \$7,500. Individual tickets are available at \$450.

For more information or to buy tickets or tables, please visit zooatlanta.org/beastly_feast or call **678-296-0282**.



PHOTO: JANET HOWARD STUDIO

THE 2018 BEASTLY FEAST COMMITTEE:
I-r Ford Motor Company representative and Zoo Atlanta Board of Directors Vice Chair Mark A. Street, Ford Motor Company Fund representative Benna Logan, Zoo Atlanta President and CEO Raymond B. King, Event Co-Chairs Janin and Tad Hutcheson and Auction Co-Chairs Kristen Gibbs and Matthew Simon. Not pictured: Patron Chair Tony Brewer and Hospitality Chair Keven Lake.



MERRITT BOND, MARY PATTON AND EDWARD J. "JACK" HARDIN

Heroes, Saints & Legends

Philanthropist Merritt Steed Bond, attorney and homeless activist Edward J. "Jack" Hardin and Civil Rights leaders Dr. Joseph E. and Dr. Evelyn Lowery will be honored at this year's Heroes, Saints & Legends. The event will be held on **Thursday, April 19, 2018**, at 6 p.m. at Flourish in Buckhead. Funds raised will benefit Wesley Woods Senior Living's independent living communities, which serve more than 1,800 older adults annually. Mary Patton, of Atlanta, will chair Heroes, Saints & Legends. foundationofwesleywoods.org/events/heroes-saints-legends



HERITAGE HIGH SCHOOL ENTERTAINS AT 2017 ARTSBRIDGE GALA

Overture Gala

ArtsBridge Foundation at Cobb Energy Centre celebrated its 10th Anniversary with an Overture Gala In September. ArtsBridge provides arts education opportunities to students in grades K-12 through programs at the Cobb Energy Performing Arts Centre. The electrifying evening of festivities included a medley performed by Georgia High School Musical Theatre Awards – Shuler Hensley Awards winner Heritage High School.

Guests included Michele Swann, CEO and general manager of the Cobb-Marietta Coliseum & Exhibit Hall Authority; Jennifer Dobbs Hill, executive director, ArtsBridge; Joanne Truffelman; Clare Richardson; Valery Voyles, chairman and CEO of Ed Voyles Automotive Group; Helen S. Carlos; Samit Roy, CEO of Scicom Infrastructure Services; Jerry Nix, chairman of the Cobb-Marietta Coliseum & Exhibit Hall Authority; Teya Ryan, CEO & president of Georgia Public Broadcasting (GPB); Jack Ward, chairman of ArtsBridge Foundation; the Honorable Mike Boyce, Cobb County Commission chairman; Sid Roy, VP of Operations & Client Support at Scicom Infrastructure Services; and Holly Quinlan, CEO of Cobb Travel & Tourism. artsbridgega.org

PHOTOS BY CHRIS SAVAS



HERITAGE HIGH SCHOOL ENTERTAINS AT 2017 ARTSBRIDGE GALA



JACK AND JEAN WARD

HOLLY QUINLAN AND
MICHELE SWANN

CHERYL AND JERRY NIX

RONNY PEPPER AND
JOANNE TRUFFELMAN

PATTY QUINN, AUCTION CHAIR, LINDA BAGLEY, BALL CHAIR, SHIRLEY JONES, PRESIDENT

VINTAGE2VOGUE

Celebrating a Legacy Year, The Circle for Children will hold its annual gala, Vintage2Vogue, at Chateau Elan on **March 24, 2018**. Preceding the gala will be the first Circle for Children Golf Tournament, starting at 10 a.m. at Chateau Elan Golf Course. That evening, a festive cocktail party will precede a seated dinner emblazoned with a mix of Vintage and Vogue features. Lt. Governor Casey Cagle is The Circle for Children's Honorary Chair and will be a guest speaker. Following dinner guest will enjoy fabulous entertainment, dancing and, if you feel lucky, a Casino room to place bets and try their hands at poker or blackjack.

Linda Bagley, an event planner with Your Event Solution, serves as Circle VP and Gala Chair. Bagley assures an evening not to miss.

The Circle for Children's primary beneficiary for the gala is Wellspring Living, a nonprofit organization for housing that serves survivors of young girls ages 12 to 17 who have been abused and taken in as slaves in sex-trafficking.

For more information on becoming a sponsor, participating in the golf tournament, and attending Vintage2Vogue visit thecircle4children.org or call Linda Bagley at **770-307-8433**.



Recognized as one of the South's premier antiques shows, the 2018 Cathedral Antiques Show kicks off with a special patron preview gala from 6:30 p.m. to 9:30 p.m. Wednesday, January 24, 2018.

This gala party offers attendees first choice of authenticated antiques and fine period furniture, art, accessories and more from the past four centuries.

The Cathedral Antiques Show features a vetted antiques show, speaker series, flower festival and home tour. The show has been a major outreach project of the Episcopal Church Women of the Cathedral of St. Philip for 47 years. This year's show will benefit A.G. Rhodes Health & Rehab, a nonprofit organization operating three skilled nursing homes in Atlanta and Marietta. The chairs are Beverly Gwynn and Dabney Hollis.

cathedralantiques.org

St. Simons Island and Sea Island Home Tour

VIEWS, VIEWS, VIEWS. Magnificent traditional and contemporary island homes, all with spectacular ocean, marsh or poolside exposure, will be featured on **March 17, 2018**, during the **65th Christ Church Frederica Tour of Homes**. This year's tour stops feature two recently remodeled beachfront homes on St. Simons — an ultra-modern East Beach marsh front home and a waterfront guest cottage in Sea Palms West. On Sea Island, tourists will visit four gorgeous homes along the beach, marsh and in Ocean Forest.

More info:

christchurchtourofhomes.org

or call **912 638-8683**.



MIYA BIRD, MERCEDES WILLIAMS, JAMEECA SPENCER

Motherless Daughters Foundation Hosts Fifth-Annual Gala

It was a night of inspiration and surprise during the fifth-annual gala and silent auction of the Motherless Daughters Foundation, an organization that mentors young ladies who are growing up without the support of their natural birth mothers. The semi-formal event took place at the Georgia International Convention Center in College Park.

Four individuals were honored: **Jill Scott**, singer/songwriter and founder of Blues Babe Foundation, a Philadelphia-based nonprofit that provides a free summer camp for youth; **Taffi Dollar**, co-pastor, World Changers Church International; **Hank Stewart**, Emmy Award-winning poet and **Gary Davis**, founder and executive director, Next Level Boys Academy.

Atlanta First Lady and affordable housing developer Sarah-Elizabeth Reed serves as brand ambassador for Motherless Daughters, and Xernona Clayton, CEO of the Trumpet Awards Foundation, Inc., is honorary mother for Motherless Daughters, which was founded by president/executive director Rassalyn Willis.

During the event, rap artist/actor Clifford "T.I." Harris presented the Special Recognition for Outstanding Support award to his mother, Violeta Morgan, who has been a strong supporter of Motherless Daughters since its inception.

motherlessdaughtersfoundation.org



WAGA-TV's DEIDRA DUKES WITH
FGTV's SHAUNYA CHAVIS-RUCKER



MYRNA WHITE OF HARTSFIELD-
JACKSON ATLANTA
INTERNATIONAL AIRPORT



CLIFFORD "T.I." HARRIS WITH HIS
CHILDREN AS HE SURPRISES HIS MOTHER



POET HANK STEWART; JUDGE PENNY BROWN REYNOLDS;
COLLEGE PARK CITY COUNCILMAN JOE CARN; MDF FOUNDER
RASSALYN WILLIS



DENISE HARROD, JARNEEN BROWN AND
XERMONA CLAYTON

PHOTOS: DOUG SMITH PHOTOGRAPHY

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B e c k e n

NEW FASHION LINE BECKONS THE WARMTH OF KENTUCKY HORSE COUNTRY

BY GLORIA LANE

BECKEN exudes the confidence and polish of a world traveler but with the warmth and welcome of a brand securely rooted in the Kentucky horse country, where owner Angela Beck resides with her husband and their five children on their award-winning thoroughbred farm, Gainesway.

Born and raised in Philadelphia, she grew up exploring her mother's art studio along with her four siblings. Angela went on to earn art history and fine arts degrees from the University of Pennsylvania, however, her free spirit took her far beyond the Keystone State. She attended design school in California, lived in Africa and India, sold T-shirts on the beach in Venice, art-directed a film with James Earl Jones, produced TV commercials in New York City and painted teepees in the Mojave Desert. But it was an assignment in the early 1990s to produce horse videos in Kentucky that led her to permanently make the Bluegrass State her home.

In addition to producing those horse videos, she had founded a company handcrafting hair accessories from drapery cords. It was here she perfected the art of marrying excellent design with marketing prowess, ultimately selling those accessories in top department stores. From there and just after the birth of her first child, Beck launched a successful home décor business, Pomegranate. She still holds an interest in that company more than 20 years later.

Seeking to constantly raise the bar and set a positive example for her children, Beck launched the sophisticated yet unfussy BECKEN. With the savvy to perfectly balance being an available, hands-on leader or giving her talented team

free rein to be one of the newest, most successful lifestyle fashion brands, Beck today leads all aspects of design, sales, production, distribution, marketing and merchandising for the New York-based BECKEN.

BECKEN debuted at Saks in Atlanta in August with a fashion show-luncheon to celebrate its successful launch. Key for the brand is the seasonless paddock jacket, alongside

wearable separates and knits, offering fashion inspired by the equestrian world, yet easy enough for modern everyday lifestyles.

"When I conceptualized BECKEN, I wanted to design fashions that were interesting, polished and inviting, but never fussy," Beck said. "It's really exciting to partner with our colleagues at Saks as we make connections to everyday women in Atlanta who, like me, may be dashing from a board meeting to the carpool line to coffee with friends...or even to the stable."

Later this fall, BECKEN will open a retail boutique in New York City's West Village featuring not only the brand's wearables but a new line of drink mixers developed exclusively for BECKEN that evokes its Kentucky heritage.

Direct from the Bourbon Trail, drink mixers for women will be packaged in a beautiful frosted bottle and will come complete with an individualized Kentucky back story on the flavor. With warm, rich, natural hardwood floors and vintage bar wear décor, visitors to the boutique will feel more like they're visiting the Bluegrass State rather than stepping off a Manhattan street.



ANGELA AND HUSBAND GRAHAM BECK ARE SEEN AT THEIR 1500-ACRE, AWARD-WINNING THOROUGHBRED FARM, GAINESWAY, IN LEXINGTON, KY., WHERE THEY LIVE WITH THEIR FIVE CHILDREN.



LATE THIS YEAR SHE WILL OPEN A RETAIL BOUTIQUE IN NEW YORK CITY.

“When I conceptualized BECKEN, I wanted to design fashions that were interesting, polished and inviting, but never fussy.”



B e c k e n F a s h i o n S h o w B e n e f i t

PHOTOS BY CINDY GREY

Saks Fifth Avenue Atlanta hosted an intimate, private luncheon and fashion show to celebrate the launch at Saks Phipps of a new lifestyle brand called BECKEN.

The styles take deep inspiration from the horse country of Lexington, Ky., where BECKEN founder Angela Beck lives with her family on their award-winning thoroughbred farm, Gainesway.

A portion of the sales from the luncheon will benefit the Captain Planet Foundation, co-founded by media mogul Ted Turner. Turner's two daughters, Jennie Garlington of Kentucky and Laura Turner Seydel of Atlanta, were on hand to greet guests.

TOP LEFT:
GLORIA LANE INTERVIEWING
ANGELA BECK

BOTTOM RIGHT:
LAURA TURNER SEYDEL,
ANGELA BECK AND
JENNIE GARLINGTON



BUCKHEAD HERITAGE SOCIETY TO HOST HOLIDAY GATHERING

The Buckhead Heritage Society will hold its Heritage Holiday Gathering Thursday, **December 14, 2017**, at 7 p.m. at Beechwoods, the former home of noted Atlanta historian Franklin M. Garrett and the current home of Ann and John Beach. Proceeds from the cocktail buffet will benefit Buckhead Heritage Society's mission to enhance the quality of life in Buckhead by identifying, preserving and promoting its historic resources. buckheadheritage.com.



CHILDREN WITH LIGHTED ORBS TO SYMBOLIZE THE "LIGHT OF HOPE" AGAINST CANCER. THIS KICKED OFF THE HOPE BALL PROGRAM.

THE AMERICAN CANCER SOCIETY cast a "light of hope" on the fight against cancer at the 2017 Hope Ball on Saturday, September 9, which was presented by Delta Air Lines at the Delta Flight Museum. It was a night of inspirational people and stories, exciting live auctions, awards and dancing. The ball, with 450-plus attendees, raised \$865,000 for the Society's cancer-fighting initiatives. Entertainer Paula Abdul was a guest speaker and described her sister's battle with breast cancer.

Former Delta CEO Richard Anderson, now CEO and president of Amtrak, was presented with the Hope Award, and Dr. Douglas Graham, director of the Aflac Cancer and Blood Disorders Center at Children's Healthcare of Atlanta, received the 2017 Rising Star Award. Money raised at the event goes to fight pediatric cancer.



RICHARD ANDERSON (LEFT) ACCEPTING THE HOPE AWARD FROM GARETH JOYCE, SVP OF CUSTOMER SERVICE AND CARGO FOR DELTA AND CHAIR OF THE HOPE BALL



PAULA ABDUL WITH GARETH JOYCE



GALA SHOT AT HOPE BALL AT THE DELTA FLIGHT MUSEUM



AUDREY ARROWOOD, TEEN OVARIAN CANCER SURVIVOR WHO SPOKE AT THE BALL DANCING WITH HER FATHER, RANDY, AT THE HOPE BALL



AUCTION CHAIRS CONNIE & BRIAN HOOD, CF GRANDPARENTS, WITH FRIENDS DARRELL AND REBECCA WALL



CHAIRS MIKE & ALLISON DeKONING WITH WINE CHAIRS CHUCK & BECKY PENUEL, ALL OF WHOM ARE CF PARENTS



CF SUPPORTERS FROM ARRIS, OPENING RECEPTION SPONSOR



2017 WINE & ROSES COMMITTEE



Wine and Roses 2017 Black & White Ball

Chairs Michael and Allison DeKoning welcomed Presenting Sponsor Comcast to present the 18th- annual 2017 Wine and Roses Gala, benefiting the Cystic Fibrosis Foundation. Over \$775,000 was raised on April 29 at the Atlanta Athletic Club. The lovely opening reception, sponsored by ARRIS, Assurant and Cox, was followed by dinner with paired wines, both silent and live auctions, and dancing to the Atlanta Beat Band. Throughout the club, fragrant, lush, white floral arrangements by Rooms In Bloom Flowers, carried the black-and-white theme at every turn. WXIA-TV (11Alive) host Vinnie Politan delighted as emcee, with auctioneer Louis Tonsmeire inspiring bidders.

The Heart of Gold Award recipients were Bob and Kaye Stanzione, as grateful acknowledgement of their efforts for advancing the avenues for a CF cure. "The Gift of Time" was the focus of a poignant speech given by Drew Dotson, a young woman living with CF.

Platinum Sponsors were Cisco/WWT, CTDI, Evercore, and Intel with Prominent Sponsors including Bank of America, Merrill Lynch, EY, Nokia, PwC, and The Ardent Companies. Ericsson, Foxconn, HBO, The Ives Family, MaxLinear, Moore Van Allen, MunichRe, Oracle, Plexus, Technicolor, Turner Networks, and ZeroChaos filled the Premiere Sponsor level. Patron Sponsors were American Airlines, *Atlanta Social Season*, Chatham Financial, CorTech, Deloitte, GKC Group, Homes of Atlanta, KPMG, LionTree, PNC, SunTrust and Hart Wilcox, joined by Rose Sponsors 5/3 Bank, AON, Broadcom, the Freeland Family, HSBC, Motorcars of GA, Pegatron and TeleMed.

Don't miss the exciting 2018 Wine and Roses on April 28! **Call 404-325-6973 for further information.**

Yes, the harvest is over. The days are shorter. Ingredients are scarcer. But winter menus are a glorious playground for chefs to release their inner passions and creativity and dazzle diners with dishes that are hearty and satisfying like no other time during the year. Soups, stews, warm winter salads and other cold-weather comfort foods have come roaring back into the mix like that favorite cashmere sweater you forgot was in the closet. Well, it's time to go revisit some old favorites, and this issue's offerings have plenty of reason to hope for a long, lustrous winter.



MOLLY B's

season EATINGS

REVIEWS AND PHOTOS BY DAVID DANZIG



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IF YOU WEREN'T ABLE TO MAKE IT DOWN to Mercedes-Benz Stadium for an Atlanta Falcons or Atlanta United game you can still take in Arthur Blank's crown jewel of architecture and engineering. Pick a day and come have lunch at Molly B's that overlooks the bowl at Mercedes-Benz Stadium named for his mom, Molly Blank. No tickets? No problem! Molly B's is open for lunch to the public seven days a week on non-event and game days from 11 a.m. to 2:30 p.m. Just park in the Silver deck, go through security and slide into a table. The vast expanse of the dome, the fascinating roof structure, the lights, the glass, the steel and the halo board, a mammoth HDTV that wraps around the bowl — all are simply mesmerizing. And like a table overlooking the ocean or a cascading valley, you really never grow tired of this view. Check out spins on Southern classics such as a BBQ brisket sandwich; buttermilk fried chicken wings served with spicy honey and coleslaw; kale and avocado salad;

and the Bahn Mi — pork belly, cucumber, carrots, cilantro, radish, sriracha aioli — and French bread. Plus kick in craft beers, a full wine list and specialty cocktails and you have a party game or no game. mollybsatlanta.com



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BULLA GASTROBAR

THE OFFERINGS DOWN AROUND MIDTOWN'S Crescent Avenue have struggled to find a formula that both pleases the neighborhood folk and inspires foodies to venture down into the heart of Midtown. But a new import from the Centurion Restaurant Group just might have figured it out. Bulla (pronounced Boo-ya) means “noise” or “chatter” in Spanish. This new establishment offers wonderfully sharable Barcelona-style cuisine in a lively setting with perhaps the most important thing for stress-free Crescent Avenue dining: plentiful validated parking. The menu is pretty simple. You have your charcuterie, which includes the ambrosia-like Iberian ham and cheeses, small plates and large plates, which easily could feed two or more. Small plates include tequenos made



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with tetilla cheese, ham croquettes, grilled octopus and Andalusian gazpacho. Larger plates include a rich, velvety seafood paella with Valencia-style rice, braised short ribs and Churrasco Moruno, an explosively flavorful cumin-marinated skirt steak. Of course, as a Spanish-themed restaurant Bulla offers a drink menu more extensive than its food offerings; enjoy three types of made-to-order sangrias, vino blancos and tintos, cervezas and cocktails including “The Bullfighter” made with Bulleit Bourbon and port. Also, be sure to try the weekend brunch with \$3 mimosas on Saturday and Sunday. Bulla is easy to like — infectious energy, fantastic ethnic cuisine and adult beverages in a district that was begging for a player to come in and take charge.

bullagastrobar.com



ALLORA

ONCE A HOT RESTAURANT IN THE EARLY AUGHTS, Lobby at Twelve at the base of the Twelve Hotel and Residences at Atlantic Station had begun to show its age. So Concentrics restaurants, which operates the space, rebooted it into the new Allora, which means “then” in Italian. So what “then?” How about a cool casual Italian spot serving up wood-fired pizzas, fresh pastas and salads and lots of other rustic Italian classics from Executive Chef Chris Maher (formerly of Ritz-Carlton Buckhead, 4th & Swift and ONE Midtown Kitchen). Antipasti such as charred octopus, veal and ricotta meatballs, and entrees such as whole roasted branzino and pasta dishes — from house-made cacio e pepe to a wonderful lemon saffron campanele are all outstanding renditions of Old World Italian standbys, spiced up with some modern flair. The renovated space feels airy yet warm with rich leathers and woods, a chef's table overlooking the open kitchen and one of the most

unique pizza ovens you will see. As opposed to tucking it away back in the kitchen, this white hickory-burning oven — complete with ceiling vent — fits snugly behind the bar. So at Allora you can order your Neapolitan pie and watch it get baked right in front of you as you sip on a nice chianti. I recommend the carbonara made with pancetta, cracked pepper, mozzarella, Pecorino Romano and a gooey farm egg. **alloraatl.com**



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BABALU TAPAS & TACOS

I CAN ONLY IMAGINE what millennials must think when they wander into the all-new Babalu Tapas & Tacos to see projected episodes of “I Love Lucy” up on the wall. Of course, baby boomers will know that Babalu was Ricky Ricardo’s signature song, but judging by the multi-generational crowd no one seems to care either way — they are just there for great food and fun. Like the name suggests, Babalu Tapas & Tacos offers Latin-influenced small plates that beg to be shared one-on-one or in a communal setting. Starting with a gorgeous tableside guacamole, choose from tapas such as pan-roasted redfish, braised beef short rib or Creole shrimp and grits. Sandwiches include a Cuban sandwich with citrus braised pulled pork and lamb sliders. And, of course, tacos, tacos, tacos. Soft, perfectly flavored tortillas that envelope pulled pork, beef tenderloin, shrimp and even duck are exquisite. Babalu works on many levels. The 5200-square-foot space, including inside and the restaurant’s extensive patio, thrives with positive energy, so kids, college students and even the “I Love Lucy” generation all can find something to love. eatbabalu.com



BENI'S CUBANO

PRESIDENT TRUMP MIGHT BE TRYING to cool relations with Cuba, but the new Beni's Cubano at the Avenue East Cobb (with another location announced to be opening in downtown Atlanta soon) is on fire. Sharing a wall with Tin Lizzy's Cantina (in fact, when you use the restroom it's in Tin Lizzy's), Beni's mimics a visit to Old Havana (without all the espionage stuff that's going down). Front and center on the menu is the Cuban sandwich with mojo-roasted pork, ham and Swiss cheese with pickles, mustard and garlic aioli; and a seafood criollo, a sautéed shrimp and mahi mahi dish in a Cuban-Creole sauce with sofrito, tomato and olives. There's also vaca frita, a creative new take on an old favorite made with crispy short rib, grilled onions and peppers, mojo and lime; yucca fries or mariquitas (crispy spiced plantain chips) with a choice of two dipping sauces such as garlic aioli, mojo or house-made hot sauce or beef picadillo empanadas stuffed to capacity and served with a choice of two dipping sauces. For dessert, munch on the house-made bread pudding with golden raisins, pecans, whipped cream and dulce de leche paired with a pot of classic Cuban coffee espresso-style with sugar espuma (and get ready for a real caffeine jolt)! beniscubano.com

► IF YOU KNOW OF ANY EXCITING OR SECRET SPOTS PLEASE SEND ANY/ALL TIPS TO SEASONEATINGS@SEASONMAGAZINE.COM OR CONTACT ME THROUGH MY WEBSITE BITENSITES.NET PLUS, FOLLOW ME ON SOCIAL MEDIA. ALSO, TUNE IN ON SATURDAYS FROM 1 p.m. TO 3 p.m. TO NEWS 95.5FM AND AM750 WSB FOR MY "BREAKING CHEWS" ON "BELINDA SKELTON'S ATLANTA LIVING."



ON THE GO WITH glo



BY GLORIA LANE

Functional or fun, here are my newest discoveries!
—Gloria



GAIA TABLESCAPES

Gaia brings “the best of the earth” to consumers with tableware notable for its organic shapes and colors, designs, and finishes inspired by nature and patterns from around the world. Teton, from the Metallic Elements collection, combines lustrous metallic washes with noteworthy stoneware to produce an elegant, reflective finish. These pieces are far beyond the ordinary and will make any gathering an event to remember.
gaia groupusa.com

HOT PINK EARRINGS

Blending high-fashion design with street-style inspiration, **Mignonne Gavigan** offers exceptionally made, wearable pieces in a variety of vibrant hues – the perfect present for every fashion lover on your list. From oversized earrings to statement scarf necklaces, Mignonne Gavigan has playful pieces to colorfully complement any and every look. Collection prices range from \$65.
mignonnegavigan.com

CAN A VACUUM BE YOUR BEST FRIEND?

The holidays are upon us and that means our homes need to be spick and span for all the extra visitors, parties and fun. With that in mind, I got myself an early Christmas present: a **Nugeni** vacuum that’s light as a feather and colorful as a bird — and it’s cordless! I always hated running the vacuum because of the cord getting caught on the furniture and being jerked out of the wall when I went a little too far. So, now I have the Nugeni VAC+. Upright or handheld, it’s a fun and fancy cleaning green machine. A must-have for holiday preparations and your best new friend for clean-up aftermath! \$269.99
mynugeni.com

POD POCKETS

For the Apple lover in your life, **PodPockets** is the perfect home for your AirPods. Precision molded to provide a secure fit for the AirPods charging case, PodPockets comes with key ring and clasp that you can attach to a bag or keychain for safety. A small investment to protect a larger one. \$19.95
podpockets.com

TOMMY BAHAMA PIÑA COLADA CAKE

Tommy Bahama introduces a new line of specialty food items including *Tommy Bahama* Piña Colada Cake. This exceptional cake is the most requested dessert at Tommy Bahama restaurants. It features a multi-layer vanilla cake misted with Myers® Dark Rum, filled and frosted with white chocolate mousse and fresh pineapple and finished with lightly toasted coconut. tommybahama.com

VIXEN CHANDELIER

This intricate chandelier is not for the shy: Like many Hollywood Regency-era designs, it is a showstopper that demands attention. The piece puts a modern spin on the classic form, using innovative materials instead of crystals. Dramatic polished nickel jewelry chains cascade into an illuminated centerpiece of crystal beads. \$1,484
houzz.com

LIGHT UP THE NIGHT

LumiSign is a new license plate frame that can be customized with the message you want; for instance: Happy Holidays or Merry Christmas or any of the other hundreds of choices. It automatically lights up when the vehicle brakes. Or, if it’s mounted on the front license plate, it shines when the car or truck accelerates. \$39.99- \$59.99 at amazon.com or olenstechnology.com

SOPHIE LA GIRAFE

is a beloved children’s brand that was born in Rumilly, France in 1961. It made its US debut in 2000, when French expatriate Hélène Dumoulin-Montgomery longed to share her favorite childhood toy with her new baby girl. Her company, **Calisson Inc.**, is now the sole US distributor of Sophie la girafe early development learning toys, teething, and new feeding bottles. leah@chicexecs.com.

FIELD OF HOPE

This custom print from **Crosby Wellington** is part of the initiative “Shine Your Bright,” encouraging women to be their brightest selves and a beacon of light to others. Proceeds from every scarf sold go back to the Atlanta-based nonprofit Wellspring Living, to aid in rescuing trafficked women and girls. \$48
crosbybymollieburch.com

DODGEBALL GAME

As the kids and grownups gather this winter, place this game on the kitchen table and get ready to see who will be the next **Dodgeball** champ. Two to four players compete to be the first to stack six mini balls on their Dodgeball goblet. For ages eight and older, it’s available in stores everywhere. \$24.99





Nashville Secure Air Charter Soiree

HANGAR

MORE THAN 75 HIGH-FLIER GUESTS enjoyed a first-class evening at ACME Secure Air Charter's annual soiree. Taking place at an elegantly transformed airplane hangar, the event was in association with Mercedes-Benz of Music City and Castiglion Del Bosco, a luxury estate and vineyard in Montalcino, Italy. Guests sipped on Tuscan wine, enjoyed Italian fare from Chef's Market and conversed with new and old friends over catchy, upbeat sounds provided by a local DJ—a memorable evening for all in attendance. For more information about ACME Secure Air Charter, visit secureaircharter.net

As a proud supporter of TJ Martell, ACME Secure Air Charter will donate several thousand dollars' worth of Castiglion Del Bosco wines to the TJ Martell Foundation for use at the foundation's upcoming auctions. ACME Secure Air Charter has a longstanding partnership with TJ Martell and has served as the title sponsor for the TJ Martell Best Cellars Dinner for the past two years.



FLIGHT ATTENDANTS



BRUCE DAVIS, ANDREA ROBINSON



SUSAN ANDREWS, FRANCIE FISHER



ASHLI LEONARDO, NATALIIA SANZO, SVETLANA HANZYY, BETH BROWN, LIZ HUMPHREYS



GIFT BAGS



ROBERT AND LINDSEY HEIRD, COCKPIT



AMY KARAMAN, TAMATA KLYUEVA, SAM CAVETT



DYLAN STEPHENS, SULIVAN MELLENCAMP



JANE AND TOM CORCORAN

The Frist Gala Kickoff Party

BY LARAWN SCAIFE RHEA

The Frist Gala is one of the most anticipated Spring galas in Nashville. At the 15th-annual Frist Gala Kickoff Party, the highly anticipated details of the event and exhibit were revealed at an al fresco cocktail party at Jennifer and Gus Puryear's historic family home in Woodmont Estates. Every year the theme is centered around a major exhibit at The Frist Museum.

The more than 50 guests were delighted to learn from co-chairs Mary Jo Shankle and Dara Russel, **the 2018 theme is Rome: City and Empire.**

The Frist Center is the exclusive North American venue for the exhibit Rome: City and Empire. It brings to Nashville more than 200 of the British Museum's most engaging and beautiful Roman objects. They tell the dramatic story of how Rome grew from a cluster of small villages into a mighty empire.

The presentation of this exhibition is a collaboration between the British Museum and the Frist Center for the Visual Arts.

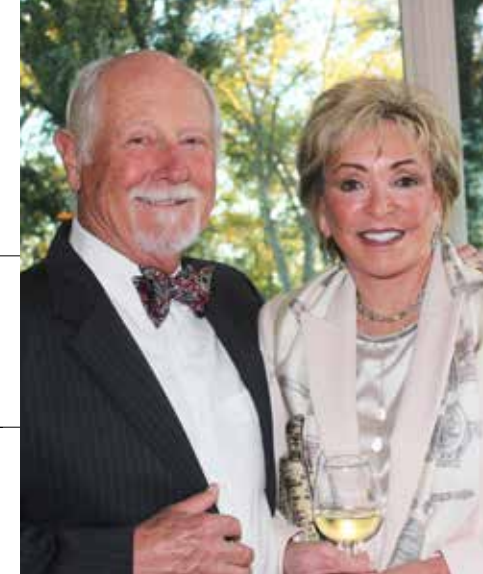
Catering was provided by Kristen Winston, who featured European-themed menu items such as mini Caesar salads, a charcuterie spread, Mediterranean cucumber bites and grilled shrimp with Romesco sauce, while the servers were wearing laurel wreaths. Floral arrangements were designed by J. Mike Smith and the Roman-themed shortbread cookies, which served as party favors, were created by Southern Shortbread. Cocktail napkins were printed with "carpe diem," "in vino veritas" and other well-known Latin phrases

The 2018 Frist Gala is set for Saturday, April 21 at the Frist Center.



VIRGINIA AND GEORGE LAZENBY, DEVONNA AND RANDY WACHTER

HENRI WEDELL AND ANNE RUSSELL



FAR RIGHT:
JOHN AND MARY BETTIS



STEVE AND JANA WOOD,
MINDY JACOWAY, AND
KATE SATZ



DAVID AND JANICE
ELLIOTT MORGAN



FAR RIGHT:
GUS AND JENNIFER
PURYEAR



MARY JO SHANKLE,
BILLY FRIST, AND
DARA RUSSELL



The Andrew Jackson Foundation Hermitage Gala

BY LARAWN SCAIFE RHEA



JOHN EAKIN, LAKE EAKIN, DOUG BROWN, NANCY BROWN



GOV. BILL HASLAM (2017 JACKSON AWARD RECIPIENT)
AND CRISSY HASLAM

Tennessee Governor Bill Haslam and Ophelia and Judge George C. Paine II were honored by The Andrew Jackson Foundation during the beautiful Hermitage Gala at the Omni Hotel. "More than 340 patrons attended the annual fundraising event thanks to the hard work of co-chairs Lisa Manning and Laura Niewold, and the faithful staff and volunteers who came to support the foundation and honorees and co-chairs," said Howard J. Kittell, president and CEO of the Andrew Jackson Foundation.

Governor Haslam received the Jackson Award, named for the seventh president and presented to those whose leadership and courageous convictions have enhanced the lives of Tennesseans and brought benefit and honor to the body politic.

The Paines received the Lewis R. Donelson Award, for their work in supporting The Hermitage and its preservation efforts.

On the Thursday evening before the gala, Lyn and Steve Cates hosted a reception at their home to honor the gala's generous patrons and benefactors.



ANDREW BYRD, MARIANNE BYRD, OPHELIA PAINE (2017 LEWIS R. DONELSON
AWARD RECIPIENT) FRANCES SPRADLEY (ANDREW JACKSON FOUNDATION
RECIPIENT)



CHARLIE NIEWOLD, LAURA NIEWOLD (2017 HERMITAGE GALA
CO-CHAIRWOMAN), LISA MANNING (2017 HERMITAGE GALA
CO-CHAIRWOMAN) AND DAVID MANNING



FRANK BOEHM, JULIE BOEHM, MARTHA NEMER AND BOB NEMER



ASHLEY McANULTY, MARY CATHERINE McANULTY, ANGIE McANULTY,
OPHELIA PAINE (2017 LEWIS R. DONELSON AWARD RECIPIENT)
AND GEORGE McANULTY

PHOTOS BY TOMMY LAWSON

Ballet Ball 2018 Launch Party

BY LARAWN SCAIFE RHEA

Ballet Ball 2018 co-chairs Adrienne McRae and Suzanne Smothers invited their committee of dedicated Nashville Ballet supporters to attend a beautiful Committee Kick-off Coffee at Salt & Vine. Surrounded by puffs of Rose Gold and Blush balloons and elegant table coverings, the committee and ballet board members immediately knew what the co-chairs and event planner, Bruce Pittman, had chosen as their color scheme.

The co-chairs also unveiled the Ballet Ball entertainment theme, which will be a gala performance by the Nashville Ballet dancers to the music of the late Johnny Cash performed by his son John Carter Cash, Ana Christina Cash and special guests. The performance will feature original choreography by Nashville Ballet company dancer Christopher Stuart. Nashville's Elizabeth Trabue, of Trabeautiful Designs, created a special Ballet Ball logo

that incorporates the music and the dance of Nashville.

The Ballet Ball is the largest annual fundraiser for Nashville Ballet and is highly anticipated each spring as it combines several art forms throughout the event. This unique gala provides the necessary funding for Nashville Ballet to bring accessible dance education programming out into the Nashville community, reaching nearly 40,000 children and families throughout the city and the surrounding area through its Community Engagement program each year.

Ballet Ball 2018 is one of Nashville's most beautiful events of the spring social season and will be held at the Schermerhorn Symphony Center on **Saturday, March 3.**



NASHVILLE BALLET PROFESSIONAL
TRAINING DIVISION STUDENTS
ELIZABETH CHECK AND TILLEY DAVIS



EVENT PLANNER BRUCE PITTMAN AND
SALT & VINE OWNER AND SOMMELIER
MATTIE JACKSON



PATSY WEIGEL AND THE HONORABLE
MARSHA BLACKBURN



BONNEY TODD AND ELIZABETH TRABUE



CAROL TABER, JULIE HALEY, BALLET BALL 2018 HONORARY
CHAIRMAN NANCY CHEADLE AND LISA MANNING



WHITNEY MORRIS, JORDAN PADGETT AND ANDREA POWELL



DALLAS WILT, KERRI CAVANAUGH AND MEERA BALLAL



- 35 - GRANT SMOTHERS, BALLET BALL 2018 CO-CHAIR SUZANNE SMOTHERS,
BALLET BALL 2018 CO-CHAIR ADRIENNE McRAE AND RICHARD McRAE

PHOTOS BY SUSAN ADCOCK

al fresco Harvest Dinner

BY LARAWN SCAIFE RHEA

Dining al fresco seems to make everything more romantic and special in the early fall, especially surrounded by beautiful friends and gardens. The Horticultural Society of Middle Tennessee was blessed with close to perfect weather for its annual Fall Harvest Dinner this year.

Nancy Russel and Anne Shephard co-chaired this delightfully wonderful event and it was elegant and festive, and all the things Russel and Shephard know how to do well. Long tables stretched across the perfectly manicured grounds and were laid with spectacular tablescapes of seasonal white flowers along with greenery surrounding several sizes of pristine white pumpkins, designed by Darcey Sanders and Patsy Weigel. It was all quite lovely.

The evening started with a champagne tasting provided by David Baker, which included divine passed hors d' oeuvres. Dinner included a pear salad with gruyere cheese soufflé, beef en crouete, gouda mashed potatoes, asparagus, and warm chocolate cake with salted caramel ice cream catered by d.Kates.

Supporters of the event included:

Patron Chairs Sue Edwards, Jim Hunt, Lisa Manning and Irene and Ridley Wills, Maria Amado, Melanie and David Baker, Elizabeth Cato, Doreatha and Andre Churchwell, Sue Edwards, Beth Fabel, Babs and Bill Freeman, Kate Grayken, Phillip Knoff, Ellen and John Lea, Judith Hodges, Jan van Eys, Allison Bass, Martin Brown, Mari-Kate Hopper, Connie King, Eleanor Whitworth and Barbara Schneider.



JULIANNE EDWARDS, DIXIE POWELL, DEBBIE AND FRED CASSETTY



JOHN AND DANCEY SANDERS



LOIS KNIGHT AND KAY KNIGHT



CHARLIE CLARK, SPENCER BOWERS, AND CO-CHAIRS NANCY RUSSELL AND ANNE SHEPHERD



PAUL KUHN, BYRD AND ANNE CAIN, AND AUSTIN PENNINGTON



How Much is that Doggie in the Window?

BY LARAWN SCAIFE RHEA

Nashvillians are passionate about their pets. If you are considering a pet as a Christmas gift or one for yourself, check out the great adoption centers available. Adopted pets know you have saved them and they make wonderful additions to most families. Of course, you don't want your new friend to go without the most wonderful gifts of all. Below is a list of some of the places to find the best of the best during this glorious holiday season your furry friends will surely adore.

Three Dog Bakery

This bakery is family-owned and full of fun. Specializing in fresh sourced ingredients that go into their custom birthday cakes and treats for your best doggie pal, it even has a Biscuit Bar for your dog to make his or her own selection.

ThreeDogBakeryNash.com

Winston Dog

Where do the stars shop? Winston Dog at the H.G. Hill Center in Nashville. Former music industry executive Renee Bell followed her passion and opened up a couture store for dogs named after her maltese rescue. In addition to couture fashions for your dog it also includes a bakery.

WinstonDog.net

The Farm at The Trace

The Farm boarding facility comes complete with all the amenities you would expect from a five-star hotel, including room service, daily cleaning service, in-suite TVs with Hi-Fi sound system, climate-controlled fresh air system, and comfortable beds. Dreamy.

TheFarmAtNatchezTrace.com

Around Christmastime

many start thinking about the sweet scene in the Hallmark movies where children get a much desired puppy on Christmas morning, which brings joy and tears of Hallmark happiness. As sweet as it is we must all remember that a pet is a long-term commitment not just for the holidays. If you are considering a pet as a gift this Christmas please consider adopting one. Some non-profits we love that are helping pets find a home in Nashville are:

Greyhound Pets of America

gpanashville@gmail.com
615-269-4088
gpanashville.org

Nashville Cat Rescue

loveallcats3@hotmail.com
615-596-4471

Love at First Sight! Puppy and Kitten Adoption Center

lafspetadoption@aol.com
lafspetadoption.com

Old Friends Senior Dog Sanctuary

old.friends.senior.dogs@gmail.com
ofsds.org

Proverbs 12:10 Animal Rescue

info@proverbs1210rescue.org
proverbs1210rescue.org



PLEASE PASS THE TRADITION: BREAKFAST AT TIFFANY'S

BY LARAWN SCAIFE RHEA

What a delight it was for me to be in New York during the official opening weekend of the Tiffany & Co. Blue Box Cafe at their flagship store on Fifth Avenue. At last, one can have Breakfast at Tiffany's.

My eyes were sparkling as brightly as a child's on Christmas morning as I looked around the store at the iconic jewels and the huge wreaths adorned with those famous blue boxes. However, when I saw the famous 'Blue Box' in life-size it was simply spectacular.

The phrase "Breakfast at Tiffany's" was made popular in the 1961 film of the same name and has taken on a life of its own. New Yorkers and fans around the world are delighted it is now a reality.

In the film, Holly Golightly had Breakfast at Tiffany's while she stood outside at the windows of Tiffany's on Fifth Avenue and ate her pastry from a brown paper bag. Holly Golightly played by Audrey Hepburn, later goes into Tiffany's with her male friend, played by George Peppard, who wants to buy her a gift. She tells him she will accept it only if it costs less than ten dollars. It was 1961 after all. The sales associate directs the couple to the one item in the entire store that is under ten dollars. It is a sterling silver rotary telephone dialer for \$6.95. I have one exactly like it I found years ago at an antique store and I was thrilled to show my husband the specific location of the case where they stood for the scene when it was shown in the film.



Then we were off to the fourth floor to the Blue Box Cafe. The cozy space is dressed in Tiffany blue from the walls to the slip covers on the chairs and the upholstered banquettes. There were miniature Tiffany windows in the walls that featured all things Tiffany on a much smaller scale, but incredibly striking and clever. The creativity came from the direction of Tiffany Chief Artistic Officer Reed Krakoff.

Breakfast and lunch are pre fixe at \$29 and \$39 respectively. Breakfast choices include Croissant Nutella and honey butter, fruit and berries, or a choice of Truffle Eggs and Avocado Toast, a Buttermilk Belgian Waffle and such. Lunch offers an appetizer of Mushroom Soup and a Charles Lewis Tiffany CLT



Club Sandwich a Blue Box Chopped Salad or other selections equally as fabulous and special as only Tiffany & Co. can do. Tea service for \$49 is gloriously elegant, with a selection of Bellocq teas and precious little pastries including Tiffany Eggs Nest and The Blue Box Petits Fours and my favorite, Sweet and Savory Scones with Winter fruit preserves, and Glittery Clotted Cream. Yes, glittery clotted cream. The finger sandwiches include Smoked Salmon Cream Cheese, Cucumber Goat Cheese, Herbed Chicken Salad and several vegan options.

The Tiffany tradition of fabulous continues, as the glittery clotted cream dances on one's tongue, visions of diamonds are dancing in this one's head.

tiffany.com

Raleigh Rocks

BY SHANDRA HILL SMITH
DOUG SMITH PHOTOGRAPHY

North Carolina's capital city is one that's largely become known for its universities, technology, and research, including with a recent study finding Raleigh to be among the nation's top 10 cities of emerging technology hubs. But beyond its Research Triangle Park for which it's recognized, North Carolina's capital has more to offer, making it more of a destination to experience and explore.

From the culinary offerings to the charming sights and sounds, Raleigh is living up to its billing as one of the top 12 destinations for 2017. That's according to a list compiled by *Forbes Travel Guide*, with other getaways to include Bogota, Santa Barbara, Washington, D.C., and Bali.

You'll find no shortage of sights and sounds in the area near the

Raleigh Marriott City Center in downtown Raleigh. Each Friday and Saturday night, the hotel hosts live entertainment. A summer movie series brings the movies outdoors on a giant inflatable screen in the heart of downtown.



Another crowd magnet is the **Downtown Raleigh Food Truck Rodeo** that features more than 50 food trucks from across the state. You'll appreciate the easy access to the food truck rodeo, movie screenings and much of what downtown has to offer from a stay at the 400-room Raleigh Marriott City Center, which opened in 2008 and is connected to the Raleigh Convention Center.

Not only can you rock away with the live entertainment at the hotel's **Rye Bar and Southern Kitchen**, you can take in traditional Southern comfort food from locally sourced ingredients — for breakfast, lunch and dinner. The restaurant, led by chef Michael Rigot, hosts a popular weekly special, Meat and Three, with a different entrée featured each day to pair with three sides and a drink. From the breakfast menu, the Coastal Omelette with rock shrimp, spinach, and tomato as well as the Mother-Daughter Special (and its freshly made pimento cheese) are sure to satisfy the palate.

Walk off your meals with stops to the **North Carolina Museum of History**, which showcases North Carolina's past and people, including military history, sports figures and more. The **North Carolina Museum of Natural Sciences** is North Carolina's oldest established museum and the largest museum of its kind in the Southeast. From the summer to early fall, it featured an engaging special exhibit, "Race: Are We So Different." The national traveling exhibition is the first to tell the stories of race from the biological, cultural and historical points of view.

More family activities await you and the little ones at **Marbles Kids Museum**. The hands-on interactive museum offers plenty of play-based learning for children 10 and under. It was a treat to watch my daughter Braxton get in some hoops in the basketball space, shop for groceries in the hands-on makeshift grocery area and deliver a newscast in the replica of a local television station. Also, your trip to Marbles isn't complete until you take in a 3D screening at the **IMAX Theatre at Marbles**. The delightful "Deep Sea 3D" allows you to feel as if you're right there swimming with some of the planet's most unique, dangerous and colorful creatures.

Whether you want to dance along to the street's rhythms, soak up some history or take in some family fun, you'll find no issue getting it all in here in the "City of Oaks."

More info:

VisitRaleigh.com

Raleigh Marriott City Center

500 Fayetteville Street

Raleigh, NC 27601

919-833-1120



OUTSIDE NORTH CAROLINA MUSEUM OF HISTORY



COASTAL OMELETTE AT RYE BAR AND SOUTHERN KITCHEN



RYE BAR AND SOUTHERN KITCHEN AT RALEIGH MARRIOTT CITY CENTER



JUDACULLA ROCK DISPLAY AT NORTH CAROLINA MUSEUM OF HISTORY

NORTH CAROLINA'S CAPITAL... A DESTINATION
TO EXPERIENCE AND EXPLORE

B R E T T K N O W S B E A U T Y



BY BRETT LANE

FOLLOW ME ON FACEBOOK
AT **BRETT KNOWS BEAUTY**

NO7'S, High Shine Lip Library is packaged up with five glosses from nude to dark, giving you options for whatever comes up. Extremely moisturizing, these high-shine glosses feel uxurious without breaking the bank. \$14.99 **Target.com**



The long-wearing formula of **GLO SKIN BEAUTY** lipstick can be credited to vitamins and green tea extract plus titanium dioxide, which acts as a UV protectant.

I love the wear of this lipstick, but prefer to line my lips first to prevent any bleeding. Shown here are the lipstick in Date Night and the Precision Lip Pencil in the color Pronto. \$24 and \$18, respectively **gloskinbeauty.com**



HUDA BEAUTY does it again, this time using her own trademark pout to present her adorable **Contour & Lip Strobe Sets**, filled with a full-size Lip Contour, mini Liquid Matte Lipstick and mini Lip Strobe. I'm loving her fun, playful packaging as well as the quality of her products. Available in five shades. \$25 **sephora.com**



PAULA'S CHOICE Clincl Ceramide-Enriched Firming Moisturizer, available in January, features unique ceramides (found in skin naturally) which support collagen to keep skin looking firm, radiant and plump. Also includes Vitamin C and Retinol for additional brightening and anti-aging properties. \$58 **paulaschoice.com**



OSMOTICS COLOR'S Verite Kit is great for those who want to enhance their natural beauty. The sheerness of the formulas enhances skin tone and helps to blur those pesky fine lines; plus it helps protect skin from environmental pollution. It also includes anti-aging benefits. Available in light, medium and deep shades. \$98 **dillards.com**



EVE LOM'S PERFECTING RITUAL Great for all skin types, this set of four skin care essentials works hard to brighten, hydrate, and refine the complexion. **sephora.com**

I am so in love with **DOUBLE TAKE**, the **NARS** + Man Ray limited edition Overexposed Glow Highlighter. I swear you could see this glow from space, it's so beautifully bright. I love to add a little above one eyebrow as well as in the traditional places. And the highlighter has the late artist Man Ray's lips all over the highlighter as well as on the cover. \$42 **narscosmetics.com**



BY TERRY'S Preciosity Obre Blackstar Gift Set is dreamy, with three best-selling eyeshadow sticks to give you gorgeous looks with a single stroke. Loaded with Tahitian Black Pearl extracts, your eyes will shimmer and sparkle. The set includes Blond Opal, Bronze Moon and Misty Rock. \$95 **saksfifthavenue.com**



Are your brows looking a little sparse? Try **LASHFOOD'S** Ecocert Natural Brow Enhancer, from the BROWFOOD line. BROWFOOD is a natural and powerful formula clinically proven to enhance the look of over-plucked, thin and uneven brows over time by incorporating the Phyto-Medic Complex. So, never fear, those brows can be saved! \$90 **lashfood.com**



MAYBELLINE FIT ME! Loose Finishing Powder is great for so many reasons. It comes in a collection of shades suitable for any skin tone and can be used with a powder brush on bare skin or to finish off any makeup look without looking cakey. Because cake is delicious, except when it's on your face. \$5.99 **target.com**



With a light and creamy formula that is to die for, **GUCCI'S** Sheer Lipstick helps you look dewy and fresh as the color glides on, moisturizing while leaving a semitransparent color on lips. \$40 **saksfifthavenue.com**



BEAUTY GOAL:
ANTI-AGING



BY GLORIA LANE

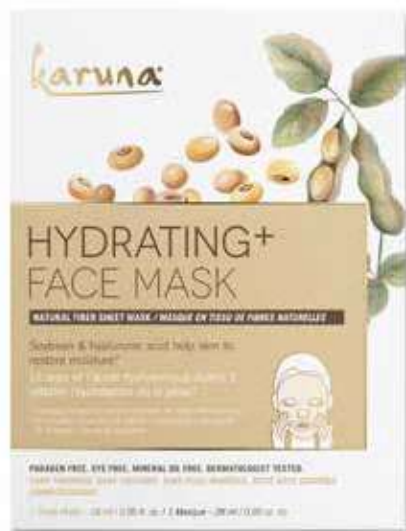
50 IS THE NEW 30

GLO SKIN BEAUTY RENEW

SERUM Helps stimulate mild exfoliation, improving the appearance of texture with Retinol, Glycolic Acid and Salicylic Acid. Draws out impurities, minimizing the look of pores for clearer, refined skin. 1 fl. Oz. \$46. gloskinbeauty.com



Pamper dry, dull skin with **KARUNA'S HYDRATING FACE MASK**. Proven to increase hydration by 38.8 percent after only one use, your face will look and feel fantastic. karunaskin.com



ILIKE ORGANIC SKIN CARE
HYALURONIC ELIXIR

An antioxidant face serum that deeply hydrates your skin and reduces the visible signs of aging. I would not call it the fountain of youth, but it does target wrinkle lines while rejuvenating. It contains hyaluronic acid and Vitamins A, B, C, E and K. .34 ml.; \$69



PHILIP KINGSLEY comes to the rescue with One More Day dry shampoo. Stretch your time and your money and spray on hair that needs reviving to get through another day without having to wash your 'do. philipkingsley.com



TRIOLOGY EVERYTHING BALM

A multi-tasking cream that can be used to hydrate dry skin, strengthen nails and cuticles, condition lips, soothe a rash, as a massage oil and an all-over moisturizer. Rich in Omega-3 and Omega-6, it utilizes natural emollients, vitamins and antioxidants, all of which are chosen for effectiveness and environmental sustainability. Comes in environmentally friendly packaging.



TRANSLUCENT CLARI-GEL

From **Earth Therapeutics**, this pure gel facial mask is infused with aloe vera to soothe and calm stressed skin, while replenishing moisture and nutrients. Also contains cucumber to rejuvenate tired skin and reduce puffiness.



STRIVECTIN MAKEUP

REMOVER A gentle formula that effortlessly whisks away all traces of eye makeup, even waterproof formulas.



HYDRATE YOUR HAIR

Say goodbye to dry winter hair worries with **Philip Kingsley's Elasticizer**(\$51). Using the Elasticizer as a pre-shampoo conditioning mask weekly delivers a rush of moisture into each strand to help reduce breakage and restore hair's strength. philipkingsley.com



DR. JARTE + WATER DROP
HYDRATING MOISTURIZER

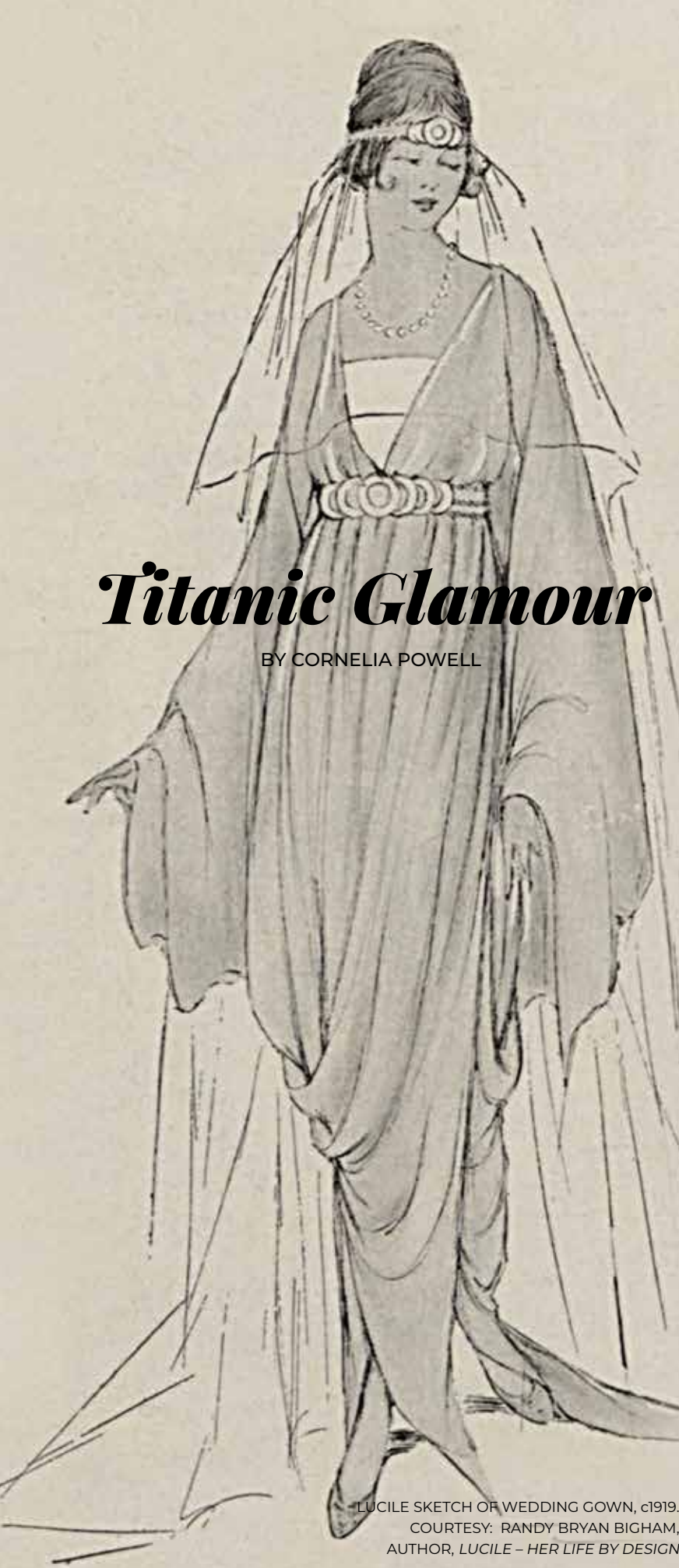
This lightweight, refreshing moisturizer features a special emulsion system with droplets packed full of brightening and nourishing ingredients. The innovative formula bursts into tiny water droplets when applied — providing instant hydration and brightening dull, lackluster skin. Great for all skin types, it relieves dry, sensitive skin, revitalizes, and prevents visible signs of aging with concentrated antioxidants for a healthier-looking complexion.



CLEANSE YOUR SCALP

Gently and effectively remove product buildup without weighing down your tresses with **CURLS Pure Curls Clarifying Shampoo** (\$12). Or you can use a "One-Step Powerhouse" that cleanses, hydrates and conditions in one use with **CURLS Cleansing Cream** (\$15). curls.biz





Titanic Glamour

BY CORNELIA POWELL

WHENEVER YOU READ ABOUT THE RMS TITANIC — the fabled “floating palace” that sunk on its maiden voyage in April of 1912 — gilded glamour and high fashion are always part of the intrigue. During its “dressing hour,” when first-class passengers dressed for dinner following white-tie protocol, many ‘Lucile’ gowns — gingerly unpacked by ladies’ maids from grand steamer trunks — were worn by patrons unaware the celebrated designer, sailing incognito, was aboard. British couturiere Lucile, Lady Duff Gordon, traveling to expand her business in America, was on the Titanic with her husband Sir Cosmo Duff Gordon and her maid. (All three were saved when disaster struck, but there was a whiff of scandal surrounding the circumstances!)

Lucile was internationally famous for her femme-femme evening clothes and bridalwear made of gossamer layers of silk with delicate beadwork (some say she was the first to design a “corsetless” gown); she was also known for her elegant ‘naughty but nice’ lingerie — a bridal trousseau darling of the rich and royal. Indeed, the innovative designer was favored by fashionable brides around the world: stars of stage and screen, fiancées of business tycoons, daughters of the nobility (too many to name here!) One of Lucile’s beautiful young brides was a fellow Titanic passenger — recently married to the older and very wealthy John Jacob Astor IV; Madeleine and her unborn child made it to safety, he did not.

Lucile’s élan even spilled over into the popular “Downton Abbey” television series 100 years later! There’s a scene in season three — soon before Lady Edith Crawley’s ill-fated wedding — when Cora, Lady Grantham (quite the fashionista), informs Violet, the Dowager Countess, that the bride would, of course, be wearing ‘Lucile.’

Mary Farquharson Marvin — the daughter of another high-society couturiere — and her husband were also first-class passengers on the Titanic, returning to New York from their European honeymoon. Mary’s mother was half of the Farquharson & Wheelock design team — two Scottish sisters, with fashion ateliers in Washington, D.C., and New York City. Naturally, they designed Mary’s stylish wedding gown and, because of their fame, she appeared in *Vogue* wearing the bridal confection. (A decade later, Farquharson & Wheelock created the lace and silk tabard-style gown for the wedding of Biltmore heiress Cornelia Vanderbilt’s wedding in Asheville, N.C.)

The family of Mary’s husband, Daniel Warner Marvin, were pioneers in the motion picture production business and, although their wedding in early 1912 was not filmed, the ceremony was restaged for the camera a few months later, making international news. The *London Daily Mirror* reported it as the very first wedding to be “cinematographed.” Sadly, like many men on the sinking Titanic, Mary’s husband saw his young wife safely aboard a lifeboat, then stayed behind and went down with the magnificent ship.



Stories of Titanic fashion continue next issue! Plus, Biltmore in Asheville hosts the first large-scale exhibition of costumes from the Oscar-winning film “Titanic,” opening in early 2018. Fashion historian Cornelia Powell will lead “limited-edition” tours of the exhibit. For more info: CorneliaPowell.com

LUCILE SKETCH OF WEDDING GOWN, c1919.
COURTESY: RANDY BRYAN BIGHAM,
AUTHOR, LUCILE – HER LIFE BY DESIGN

LUCILE



Big, Bold, and Bright: A Christmas at Biltmore



Looking for a larger-than-life Christmas experience for the entire family? Every year, Christmas at Biltmore becomes an annual holiday tradition for families across the Southeast. Biltmore’s extravagant holiday décor provides a beautiful backdrop for family visits. Biltmore House is filled with Christmas trees, with the centerpiece being the Banquet Hall’s 35-foot Fraser fir. The house sparkles with 30,000 twinkling lights, hundreds of candles reflecting in thousands of ornaments, while miles of garland accent every corner. Outside, 300 hand-lit luminaries adorn Biltmore House’s Front Lawn and draw attention to the lighted 55-foot Norway spruce draped with 45,000-plus lights.

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Our Price

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Generic equivalent of Crestor™
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Premarin™	\$458	VS	Conj. Estrogen*	\$51.00	Evista™	\$772.37	VS	Raloxifene*	\$88.00
Typical US Brand Price for 0.625mg x 84			Generic Price for 0.625mg x 84		Typical US Brand Price for 60mg x 100			Generic Price for 60mg x 100	
Abilify™	\$2994.49	VS	Aripiprazole*	\$88.00	Zetia™	\$994.42	VS	Ezetimibe*	\$87.00
Typical US Brand Price for 15mg x 112			Generic Price for 15mg x 112		Typical US Brand Price for 10mg x 100			Generic Price for 10mg x 100	
Celebrex™	\$743.17	VS	Celecoxib*	\$83.00	Januvia™	\$1151.87	VS	Sitagliptin Phosphate*	\$146.00
Typical US Brand Price for 100mg x 100			Generic price for 100mg x 100		Typical US Brand Price for 100mg x 84			Generic Price for 100mg x 84	

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FIVE FOOLPROOF TIPS TO REACH YOUR FITNESS GOALS THIS YEAR

BY CAT KOM

NEW YEAR, NEW RESOLUTION, RIGHT? At least until February when those resolutions notoriously slip away. If 2018 is your year to achieve those fitness goals, and stick with them, I'm behind you. The key to sticking to a resolution? Routine and reason are the keys, and below are five tips you can use to implement a routine within reason to ensure a more fit future you!

1. Think SMART

For those that may not know, SMART is an acronym used to help set achievable goals. Specific, Measurable, Achievable, Realistic, Time-Bound. For example, the goal "to lose weight" is too vague and doesn't set you up for success. A SMART goal instead would be: "I would like to lose 10 pounds by July 1 by exercising for 60 minutes, five days a week and following a diet plan."

2. Community is key

A fitness community is the ideal source of accountability. Sweating it out together and being able to relate to one another is key to sticking to a routine. It also helps you to know you're not alone throughout the fitness process. For those without gym memberships, Studio SWEAT onDemand is a great solution. It's an online fitness solution that allows you to work out alongside real people at my studio in San Diego, Calif. Award-winning body sculpting classes include Spinning®, TRX®, HIIT, Yoga, Pilates and more, led by a team of certified trainers. Plus, you'll be able to chat with other "Komrades," so you'll never be alone in the process.

3. Get more sleep

I promise you that if you adhere to a strict routine where you get at least seven hours of sleep every night your body will love the consistency and respond accordingly. An added bonus you know I'm all about is that getting enough hours of sleep helps your muscles recover from the previous day's workout. Woot woot! So, go to bed and wake up at the same time, even on weekends and enjoy the benefits that go along with it!

4. Be mindful

Whether at night before you go to bed, or when you first wake up in the morning take a few minutes and think about your goals. Fitness goals, career goals, other personal goals. Reflect and think about how you can go about achieving those goals today.

5. Stay positive

Fitness results aren't instantaneous. Stick it out, remain positive, keep pushing and remember that the cliché "Attitude is everything" is true. I believe in you.



CAT KOM IS FOUNDER/TRAINER OF **STUDIO SWEAT** IN SAN DIEGO, CALIFORNIA. IT INCLUDES **STUDIO SWEAT onDEMAND**, AN ONLINE COMMUNITY AND AT-HOME WORKOUT.

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LA Fitness East Cobb | 4400 Roswell Road, Suite 126 | Marietta, GA 30062 | 404-997-9839 | Manager Dennis Grice



BY JAN PRINGLE, TRAVEL EDITOR
JIM PRINGLE, TRAVEL PHOTOGRAPHER

BOATERS GET IN ON ALL THE
FUN FOR THE ECLIPSE

LOOKING FOR A COOL WEEKEND GETAWAY FROM ATLANTA? There's a surprise jewel, less than three hours north - Capital City Lake Murray Country.

We were invited by the Capital City Lake Murray Tourism group to come to view the eclipse from Lake Murray, one of the primo spots in America along the Path of Totality. What we experienced was more than just an incredible eclipse. We stayed and experienced what they affectionately call The Jewel of South Carolina.

At one time, Lake Murray was the largest manmade lake in the United States but her beauty is why it's referred to as "The Jewel of South Carolina." This jewel was the perfect place to view the celestial event of our lifetime.

The day was also perfect. Not a cloud in the sky. Sean Deese, owner of Mountain Top Marine in Lexington, graciously picked us up at the Marina. Sean supplied us with a spacious pontoon boat from his huge selection of boats and we cruised the lake snacking on our "eclipse" goodies...Sun Chips, Milky Ways, Moon Pies, and Oreo cookies made to show the various stages of the eclipse. Many boats as well as thousands of eclipse viewers gathered at the dam and all around Lake Murray partying and waiting to experience this once-in-a-lifetime event.



SIX YEAR OLD CONNOR DEES VIEWS ECLIPSE
THROUGH SPECIAL GLASSES



BOATS GETTING READY FOR ECLIPSE
ON LAKE MURRAY

PURPLE MARTINS

Another phenomenon we felt blessed to witness also took place on Lake Murray, on the site of North America's first officially designated Purple Martin sanctuary. Tens of thousands (maybe hundreds) of purple martins flew in to roost on Bomb Island, a small-uninhabited island in the middle of the lake. It truly is a sight to behold and you don't have to be a bird nerd to enjoy this spectacular natural phenomenon. I'm told it takes place every July and August.

TO THE NEWBERRY OPERA HOUSE PLEASE

Our adventure continued as we spent an afternoon exploring the charming historic town of Newberry. Once a sleepy little Southern town, Newberry has a downtown area is now bustling with lovely antique shops, boutiques, restaurants and, of course, beautifully preserved historic buildings, most of which are listed on the National Register of Historic Places.

One of those so listed and the focal point of the town is the Newberry Opera House. This French Gothic beauty was built in 1888. It soon became the entertainment center of the Midlands with theatrical troupes, burlesque acts, musical groups and members of the famous Barrymore family.

The Opera House has now become nationally and internationally known and respected. So much so that other performing art centers are watching how a small town of around 10,000 can bring entertainment and educational programs that include the likes of Sawyer Brown, The Coasters, The Marshall Tucker Band, Arlo Guthrie and The Atlanta Pops. (An interesting tidbit is that a Japanese businessman flew over this year just to see the Atlanta Pops Orchestra



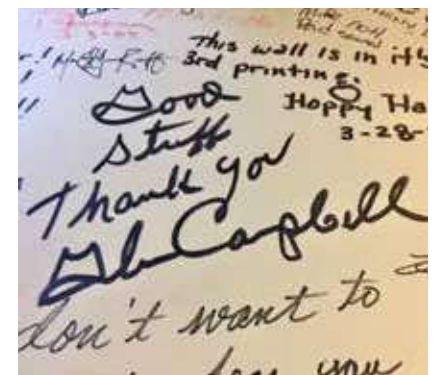
HISTORIC OPERA HOUSE IN DOWNTOWN NEWBERRY



FUN IN DOWNTOWN NEWBERRY IN FRONT OF OPERA HOUSE

in that magnificent building.) Each February the Opera house actually brings in an opera.

Entertainers love performing there and leave their signature on an autograph wall. The Drifters, Glen Campbell, Jack Klugman and Tony Randall and hundreds of other famous celebrities have penned their signature. MORE ►



GLEN CAMPBELL ON SIGNING WALL
AT OPERA HOUSE

PENELOPE'S SEAT – A REAL GHOST STORY

As is the case with many historic buildings, the Opera House apparently has a ghost — named Penelope. The story is told that young Penelope fell in love with a traveling vaudevillian, “The Professor.” They exchanged messages to each other in a book at the local bookstore and their love bloomed. Excited to see the world and young and in love, Penelope decided to run away with him. In his last note he tells her to wait for him at her seat in the balcony after his last performance. Penelope snuck out of her parent’s house and waited. As time went by she realized that he is not coming. She died soon after but, even today, there are those who claim to have seen the ghost of Penelope waiting for her beloved at Balcony Section A Seat 111. The seat can always be found turned down every performance no matter how many times it is placed back up.

FIGARO, FIGARO, FIGARO!

Tell me I didn’t have one of the best meals ever in that charming little town. Just across the street from Newberry Opera House is an outstanding restaurant named Figaro! Chef John went off menu and prepared a five-course meal for us pared with wines for each course. It was over-the-top delicious.

Figaro-the Dining Room used to be an old bank. However, rather than money, its vault now houses a fabulous wine selection.

From the time you walk into this charming restaurant you're greeted pleasantly and the well-trained wait staff serving at just the right pace. Kudos to Chef John whose approach to fresh foods is to get the best possible products to serve his customer — from eggs to grain — from herbs to meat/seafood.



PENELOPE'S GHOST SEAT AT NEWBERRY OPERA HOUSE



CHEF JOHN PERSONALLY SERVED US HIS
BLACKENED TILE FISH WITH PINEAPPLE SALSA
AND FENNEL SALAD



ONCE A BANK, ITS VAULT IN BACKGROUND NOW
HOUSES FINE WINES. FLOWERS SIT ON BEAUTIFUL
WOODEN ORIGINAL TELLER WINDOW.



FIGARO BAR

He then prepares the dishes to perfection! You may well see a James Beard award someday for the chef of this delightful restaurant.

<https://www.facebook.com/pages/Figaro-the-Dining-Room/247509745415068>

HAVE A SODA – AT SODA CITY

Every Saturday the vibe of downtown Columbia is changed as four city blocks in town center are closed off. Artisans and other vendors come together to bring an upscale carnival/ park-type atmosphere for what they call Soda City Market. You can have breakfast or lunch at one of the dozens of food vendors as numerous corner musicians entertain. Dog friendly!

THEN HAVE BOURBON

While downtown, meander over to Bourbon, a happenin’ whiskey bar and Cajun-Creole restaurant. The establishment has more than 350 whiskeys, most of which are bourbon, rye or Tennessee whiskey. Each concoction comes with a unique name. I’m not usually a bourbon drinker, but being from Atlanta I had to order the “Frankly, My Dear,” made with Maker’s Mark, vanilla syrup, black walnut bitters and flamed orange. Yes, it was delicious. When you find your special drink make sure you get an order of Jalapeno hush puppies. They go great with everything. I’d love to have them send me an order right now! MORE ►



FRANKLY MY DEAR, BOURBON GOES GREAT WITH
JALAPEÑO HUSH PUPPIES AT BOURBON BAR



YUMMY HOMEMADE COCONUT CAKE AT FIGARO



ARTISANS SELL THEIR CRAFTS AT SODA CITY



SATURDAYS MEAN SODA CITY. STREETS ARE BLOCKED OFF FOR FUN ATMOSPHERE
IN DOWNTOWN COLUMBIA.



ONE OF THE HOUSE BOURBON SPECIALS – MINT JULEP

LITTLE MOUNTAIN ANTIQUE MALL – ANOTHER NUGGET IN THE JEWEL

I admit it — I'm partial to small towns and quaint stores. So our host, Miriam Atria, arranged that our last experience to the Lake Murray area be to Little Mountain Antique Mall and Café. I don't have enough space to tell you how special it was, but suffice it to say I knew I was going to love it the minute we drove up.

A number of local items such as May's Vinaigrette and other specialty salsas and jellies were featured and sampled as you walk in, but turn the corner and you're immediately surrounded with beautiful antique furniture, vintage quilts, china, silver and other collectable nuggets.

Doug and Karen Quinn came to Little Mountain with nothing but a dog and very little money. No job, no relatives. They are now the owners of this fabulous antique store with more than 50 dealers displaying their merchandise throughout about 15,000 square feet.

Shop and Eat. I was blown away with the little café on the lower level (where they also have some select vintage cars and instruments for sale). It is almost worth the drive from Atlanta just to have their "Southern PB&J" and I don't mean peanut butter and jelly. That first bite of this grilled pimiento cheese, bacon and raspberry-jalapeño jelly sandwich on sourdough bread and you are hooked. Jim opted for the Quiche Lorraine — very tasty and cooked to perfection. For dessert, I opted for yummy cheesecake with blueberries but they have a variety of homemade goodies.

So what was going to be a short visit to Little Mountain Antiques on our way home turned out to be a half-day of browsing, eating and yes, making a purchase. Even half-day wasn't long




A FEW LITTLE MOUNTAIN FINDS



PBJ – PIMENTO CHEESE, BACON AND RASPBERRY-JALAPEÑO JELLY – WORTH THE DRIVE

enough, but now that I know about this little nugget, I bet I can entice a few girlfriends to go up for shopping and lunch.

littlemountainunlimited.blogspot.com

It's a short drive from Atlanta up I-85 to I-26. Take the toll around Greenville. Lake Murray is surrounded by Newberry, Lexington, Richland and Saluda counties. Visit: lakemurraycountry.com 



QUICHE LORAINNE AT LITTLE MOUNTAIN ANTIQUES CAFE

The Julia, in SoFi

MIAMI'S HIDDEN GEM

BY BRETT LANE

MIAMI CONJURES UP VISIONS OF SUN, sand and exciting nightlife, but travel south of Fifth, fondly known as the SoFi district, and the world quiets down just a bit. Still mere steps from the beach (where they offer free sunrise yoga 365 days a year), and close to the nightlife, the SoFi district is full of rich history and amazing places.

Enter **The Julia**, a small boutique hotel built upon the foundation of the oldest hotel in Miami Beach and named after the founder of Miami, Julia Tuttle. Stepping into The Julia is like visiting a friend's place. With a cozy lobby, decked out with Turkish pillows on comfy sofas, and artwork depicting Julia Tuttle's life, it feels as though you're visiting an acquaintance, not staying in a hotel.

Staying at The Julia provides a great jumping-off point to do so many activities. From visiting the beach to delicious dining and serious shopping, **SoFi** has it all within walking distance. A favorite place to dine any time of day is **Big Pink**. With omelets as big as your head and coffee cups

to match, Big Pink is a favorite breakfast spot.

After stuffing yourself, hop into an Uber and make your way to **Brickell City Center** to shop till you drop. With stores like Sephora, Apple, Cole Haan, Saks Fifth Avenue and more, there's something for everyone. And with its open-air, four-story design, you're protected from the elements but still feel as though you're outside. Wind down by having lunch at **Big Easy**. The menu is fresh, creative and reasonably priced. I had the special of the day, which was a surf and turf salad, including lobster and filet mignon in a delicious salad. Very tasty.

Back at the hotel, enjoy a freshly ground cup of Starbucks coffee (it's self-serve, so you may enjoy any time of day or night), or enjoy happy hour with wine and light bites in the lobby with other guests. The lobby becomes an interesting place around happy hour as travelers meet and share drinks; what a great way to meet future travel friends!

If you're looking to be amazed, visit **Cibo Wine Bar** and witness the two-story wine room equipped with 3,500 bottles of wine and a harnessed wine angel who soars up and down and all around to find your perfect bottle of wine. Serving big bold Italian dishes created from the open kitchen counter, it's a treat for the eyes as well as the taste buds.

Another fun thing to do is visit Miami's **Frost Science Center and Planetarium**. With four buildings, the Frost Planetarium, Aquarium, and North and West Wings, the entire family can immerse themselves in core science, learning about physics, light, human biology and, of course, the solar system and beyond. The Frost Planetarium is only the second of its kind in the United States, right behind Texas, so taking an afternoon to visit will be a memorable experience.

And last, but certainly not least, if you love art and food, check out the **Miami Culinary Tour**. The group begins at the Wynwood Walls, where you'll learn about

how the walls came to be, which artists' works are permanent as well as which are rotating. It is simply breathtaking to see these gigantic walls painted as the artists envisioned them.

There, you'll be met with a leader who will take you on a walking tour of **Wynwood**, and then you'll trek by foot throughout the district, stopping at five or so places, each providing a sample of something off their menu. It's a fantastic way to check out the district as well as check out a few spots to dine in one evening. My favorites were R House's Tuna Tartare and GK Bistronomie's Mahi-Mahi Ceviche. And at the end, we wound up at **Fireman Derek's World Famous Pies** for a slice of Key Lime Pie. What a sweet way to end the evening and the trip.

RESERVATIONS CAN BE MADE AT thejuliahotel.com, bigpinkmiamibeach.eat24hour.com, brickellcitycentre.com, cibowinebar.com, frostsscience.org, miamiculinarytours.com, thewynwoodwalls.com



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ASHLEY, A MIAMI CULINARY TOUR GUIDE



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BIG PINK TAKEOUT
– 55 –



THE JULIA – BREAKFAST



Yes, that Acapulco

OCEAN VIEW POOL VILLA

BY KATIE McELVEEN

IS THERE ANYTHING BETTER than receiving a beautiful gift? That's how I felt as I opened the door leading into my cottage at Banyan Tree Cabo Marques in Acapulco and got my first look at the view — the endless Pacific, lush greenery tumbling across rocky cliffs and a sapphire-hued sky. All it needed was a bow.

Actually, cottage is an understatement. With its shady patio, deep-blue infinity pool and sunny deck surrounding a huge, window-encased room, it was more of a compound than a cottage. And it was all mine.

Inside that room, I was greeted by dark wood, cool stone and, in the bathroom, a massive soaking tub set next to a floor-to-ceiling window overlooking the endless Pacific. There were snacks, too, oodles of them — cheese, raw veggies, wine — all things

I adored. Was the room service staff prescient? At times it seemed so, but in this case, they'd referred to the short questionnaire I'd completed a few days before I'd left. It had requested my preferences on everything from aromatherapy and snacks to pillows, drinks and spa treatments. Hungry and a bit jet lagged, I took a few moments to uncork the wine, crunch a few crackers and slip into the pool before getting ready for dinner.

Dinner took place at Saffron, the resort's signature Thai restaurant, where we started with lychee martinis and worked our way through satays, tom kha gai — Thailand's famed kaffir-lime-scented coconut soup — grilled fish in a sweet, fiery sauce and tamarind sorbet. The setting — we sat perched on an outdoor dining patio with a view of the sunset — was equally dramatic.



LAS VISTAS

Beyond serving authentic Thai cuisine, Banyan Tree's Thai heritage — the company opened its first resort in Phuket more than 30 years ago — is evident throughout the resort. Rooms and public areas are Asian-inflected with dark wood and pagoda-style rooflines; indoor and outdoor spaces merge seamlessly through glass walls, open staircases and covered boardwalks suspended over gardens. One pathway leads to a pretty outdoor restaurant fronted by an infinity pool that, at sunset, reflects the drama like a mirror; another to a set of stairs that end at a small pebbled beach. If I thought the view was a gift, the spa was a week

of birthdays. Unlike many resort hotels, Banyan Tree's spa is not a Euro-style retreat where you can spend hours luxuriating in communal salt grottos, steam cabins, and whirlpools. Instead, I was led by my Thai-trained therapist to one of seven two-level suites outfitted with shower facilities, a treatment area and an in-ground tub sub for traditional massage rooms. After a ritual foot cleansing, my therapist went to work on my face, pampering my airplane-dried skin with a soothing array of lotions and potions. Once my facial was complete, she used her hands, elbows and even feet to stretch and soothe my tired muscles. [MORE ►](#)



BEAUTIFUL HILLSIDE VIEW FROM THE WATER

An intoxicating blend of oils — ginger, ylang-ylang and black pepper — enveloped the space in fragrance and sent me directly to an alternative universe. The treatment ended with 30 minutes of quiet time for me to sip tea, nibble passion fruit and enjoy the quiet buzz of relaxation — alone and without distraction. Those needing more privacy can book the Spa Serenity Villa, as Justin Bieber did in early 2017. It comes with unlimited spa treatments, taken en suite or on the deck.

Though rooted in Thai culture, Banyan Tree Cabo Marques celebrates its location in Pacific Mexico

as well. During an afternoon cooking class, we learned regional secrets for everything from guacamole — hold the tomato — to forming our own tortillas — harder than it looks — and charring vegetables for salsa. We even learned that the secret ingredients in Acapulco's unique sweet-sour ceviche are, oddly, ketchup and Fanta orange soda.

But that was just for novices. On their own, the resort's skilled chefs combined local ingredients, traditional Mexican tastes and sophisticated technique to create dishes such as blackened tuna



FAMILY POOL VILLA



SAFFRON



VILLA BEDROOM




SPA – TREATMENT ROOM

“ IF I THOUGHT THE VIEW WAS A GIFT,
THE SPA WAS A WEEK OF BIRTHDAYS. ”

with huauzontle (a local grain) lemon and corn ashes, a delicious byproduct of tortilla making. We also feasted on salmon with cucumber “tagliatelle” and pine nuts, coconut soup with roasted shrimp and a Mexican-style tiramisu scented with orange and chocolate. At lunch, there was spicy fish chowder, lovely salads and more of that addictive guacamole. We drank surprisingly complex Mexican wines and, at an elegant tasting of Mexican spirits, sipped tequilas and mezcals straight with oranges, lemons and various salts, including one enriched with roasted agave worm.

Far from gross, it was filled with a smoky umami that suited the strong liquor.

Though Acapulco is long past its 20th-century heyday, it's worth tearing yourself away from the resort for a day to haggle for brightly painted wooden bowls and gauzy dresses in the Byzantine mercados, stroll the grounds of the stunning botanical garden and watch the surfers at Playa Bonfil with a cool chilate, the creamy local drink made from rice. Then it's back to Banyan Tree Cabo Marques for more luxuriating and enjoying the view. 

PALM COAST: HANGING IN HAMMOCK BEACH

BY DAVID DANZIG

A Frisbee defies gravity, hovering for what seems like an eternity against a greyish purple sky before it gently descends into a young boy's hand. The sun has set moments ago leaving just an ethereal afterglow. A gleaming moon emerges from the horizon and ascends into the sky. Out on a vast green Bermuda lawn, families congregate, playing football and flying kites while the sounds of ocean surf provide a serene soundtrack to the moment. It's about as idyllic of a beach scene as you can imagine, a home away from home. This is the Four-Diamond AAA Hammock Beach.



HAMMOCK BEACH ON FLORIDA'S PALM COAST

Located in the under-the-radar Palm Coast (south of Jacksonville and north of Daytona), Hammock Beach seems quite content existing as an undiscovered oasis for families along northeast Florida's shoreline. The all-suite resort acts like a mini-beachside metropolis featuring seven dining outlets, two championship golf courses, a 10,000-square-foot spa and an impressive six-point-five-acre pool complex that includes several pools (indoor and outdoor), a hybrid beach/pool, a lazy river and a twisting waterslide. Of course all with full food and beverage service.

And many elements of the resort are recently upgraded. The redesigned lobby feels like a stately, yet contemporary mansion; the newly opened Sushi Bar restaurant serves up, among other things, the colossal lobster tempura roll. And one of the resort's towers that includes all one-bedroom suites just got refreshed. [MORE ►](#)





SUNSET AND MOONRISE OVER HAMMOCK BEACH

But perhaps the biggest news was the recent reopening of the fabled Jack Nicklaus signature Ocean Course, known for its six ocean holes called “The Bear Claw.” After Hurricane Matthew’s tidal surge in 2016, with strong winds damaging it, the redesign now includes re-grassed fairways, greens and rough with the salt-tolerant Platinum Paspalum, as well as the reconstruction of each tee box, bunker and green complex. The Ocean course joins the waterfalls, babbling brooks and famous island green of the Tom Watson-designed Conservatory Course as Hammock Beach’s second championship course.

Besides the abundance of amenities, what separates Hammock Beach from just about every other resort in Florida are the accommodations; every room is a full-fledged suite — ranging from one-to-three bedroom suites and villas coming in a spacious 2,350 square feet. Hammock Beach offers families space to breathe, relax and even cook. And after a long day of building sand castles, riding beach bikes, playing golf or floating in the lazy river, isn’t coming back to a home away from home what it’s all about?



- 62 - FOOTPRINTS IN THE SAND ON HAMMOCK BEACH



WHEN YOU GO

Driving from Atlanta to Palm Coast and Hammock Beach via I-75 will take you about six hours. You have two choices for flights: flying into Jacksonville Airport (JAX) and driving 80 miles south or into Daytona Beach International Airport (DAB) and driving 36 miles north. Rates start at \$189 for one-bedroom suites, \$239 for two bedrooms and \$289 for three bedrooms. Your extra resort fees include Internet access, complimentary nine-hole putting course, complimentary bike rentals and use of the driving range after 2 p.m. For more information on Hammock Beach Resort, visit hammockbeach.com.

SIMPLISTIC SYMBOLISM AT HAMMOCK BEACH

Beautiful Bimini

BY BRETT LANE



THE DOCK AT HONEYMOON HARBOUR



ANSIL SAUNDERS



POOL FACING SUITE



MARINA

If there was any question about whether the Caribbean is thriving, look no further than Bimini in the Bahamas. Flying in on a seaplane from Ft. Lauderdale, I see the eight-point-eight-mile-long island full of lush greenery as I descend, surrounded by the bluest, clearest water I've ever laid eyes on. As the plane lands right on the water at Resorts World Bimini, and I climb out into the fresh air, the humidity hits me instantly. I begin to perspire, but the breeze cools me off quickly as I take a deep breath of the fresh air. I smile. I have arrived.

I immediately notice the smiles on the faces of everyone I meet. It's a pleasure getting checked into my room, which has the perfect view, and each staff member I pass says "Hello" and greets me with a warm smile. I'm liking this place already. Settling into my spacious room, I immediately step outside my balcony to eagerly take in a few

more breaths of fresh air; it's addictive. My room is super comfy with two queen beds (and let's be honest, yes, I used them both!) a sitting area and, get this; motion lights!

Downstairs, the restaurant offers several dining options as well as the boutique casino. Our first night we dined at Sushi Bar, which seems pretty self-explanatory. However, the sushi boat that was prepared for us blew me away by the sheer size of it, but the selection is curated by "Top Chef" winner Hung Huynh. Everything is freshly prepared and certain rolls have been given a Bimini twist like the Son of a Beach Roll. Personally, I like Sashimi so I ordered Tuna, Salmon and Yellow Tail and it did not disappoint.

Fortunately, I'm awakened by the iced coffee I grab before heading out on day two, and I'm on my way to exploring this beautiful island. Being such a small island, it's easy to get around by bicycle. MORE ►



BIKING AROUND BIMINI

With the sun on my back and the breeze on my face, it's a beautiful ride that really reveals the beauty of the island and the people who live here.

I stop at Ansil Saunders' Boat Shop and listen to his stories of being the Guinness Book World Record holder for the largest Bone Fish ever caught by line. As he speaks I hear the water lapping against the shore and the steady click, click, click, as a neighbor tosses conch shells behind him into a large pile after redeeming the sweet meat inside. He's well-read, gregarious, and has a twinkle in his eye as he recalls taking Martin Luther King Jr. out to the mangroves to write his Union Workers Speech and eulogy. As I listen, I try to imagine what that must have been like, but I come up short. What an amazing life he has lived. Giving him a hug as I leave, my heart feels full.

Lunch and an ice-cold beer are in order. Stuarts Conch Stand boasts the freshest Conch Salad available and I'm eager to try it. The local beer, Kalik, goes down smoothly and I question its



CONCH SHELLS PILING UP

FRESH CONCH SALAD FROM
STUARTS CONCH STANDLOCAL AND REFRESHING
KALIK BEER

name. I'm told that it's named after the sound cows hooves make as they walk...kalik, kalik, kalik. As I'm enjoying my Kalik, I notice two men down on the dock, preparing the freshly caught conch, separating the "sludge" that is used for bait, and leaving only the clean conch meat. As Fabrice gets to work chopping up the fresh conch, onion, tomato, garlic salt and special seasonings, I get nervous. I'm used to ceviche, where the raw meat is marinated in lime juices for hours, but this is fresh. This is going to be a new experience, I know. Squeezing the fresh limes on top and adding a tiny bit of their homemade hot sauce, I give it a stir and take a bite. My mouth explodes with the flavors of the garlic and lime, mixed with the onion and the surprisingly delicate taste of the conch. I'm hooked. By the time I leave, I will have had conch salad for several of my meals. It's really that good.

Riding back to the hotel, I'm excited as I know I have an appointment at Serenity spa coming up. I get lucky as Kimberly, my massage therapist,

nerds out with me as we discuss fascia, stretching and so much more as I am pampered beyond my dreams. Afterwards, I spend some time in the steam room, feeling Bimini bliss. This is the life.

Taking my time after my massage to relax, visit the pool and check up on emails, I feel fantastic. I leisurely get ready for dinner at Luna Beach to dine by the ocean. The sun is just setting as I arrive and it creates the perfect backdrop for a wonderful evening of food, friends and fun conversation. The surf and turf with asparagus are cooked to perfection and the beach-waves soundtrack is hypnotic. I'm not a big fan of sugary desserts, so a few fresh berries for a sweet after-dinner treat were just right. However, if you do love desserts, they have some awesome- looking ones! I return to my temporary home with a smile on my face as my eyes close on another beautiful day.

I wake to the sound of rain in the middle of the night. It surprises me, as it rarely rains here. We are going snorkeling at the S.S. Sapona shipwreck today and I don't want it to be canceled. I return to slumber and awake hours later to sunny skies and plans unchanged. Perfect.

I'm eager to get on the boat. I love a good boat ride, especially when it picks up speed and the wind whips my hair around. We travel for what seems like forever, but who's counting because I have the sun, the sea and something to sip as I sing along

in my head to the music playing. It's so gorgeous out and we navigate through a million different shades of blue water. I literally catch my breath as we begin to slow down and the S.S. Sapona comes into view. It's beaten and battered and rusty and old, but still beautiful. Gearing up and jumping in, the cold water shocks my system for a moment and I swim toward the ship, seeing all kinds of colorful fish along the outside of the hull. I even venture inside the shipwreck briefly, but the rain from earlier created some rough waves; so for my own safety, I made my way back to the outside, marveling at nature's beauty. I feel like the luckiest girl in the world.

Once we have our fill of snorkeling, we head to Honeymoon Harbour to feed the stingrays. I had no idea how big they got, and they know what we're here to do, because they surround me, bump into me and almost knock me down. They're hungry! I feed them bits of squid and they eat immediately, then search for more. I think they would have eaten all afternoon but there's only so much squid you can bring with you. We sit on the dock and eat lunch, watching the stingrays swim around the clear water.

Cruising back home, my thoughts wander and I'm so relaxed. There's really something magical here. My time is drawing to a close as the sun sets and I am filled with memories that will last a lifetime. ☪



SUNSET ALONG LUNA BEACH



RW BIMINI'S BEAUTIFUL POOL



SUNSET VIEW FROM MY ROOM



ALPINE HELEN VILLAGE

Happy Days in Helen

BY SHANDRA HILL SMITH

PHOTOGRAPHY BY DOUG SMITH PHOTOGRAPHY

It wouldn't be uncommon to spot license plates from Florida or any other state for that matter in **Georgia's third most-visited city**. But this particular September weekend, every other license plate dotting Helen was from the Sunshine State, thanks to Hurricane Irma that forced residents from their homes and cities to safer grounds.

Despite its small size — only two-point-one square miles, and a population of just over 400 — **Alpine Helen**, a re-creation of a Bavarian Alpine Village, is used to the crowds that are drawn in by the city's charm, quaint shops and setting, within the heart of the **Blue Ridge Mountains**.

The city's biggest celebration, its annual **Oktoberfest** — this year's 47th taking place from early September to the end of October — lines the streets with parade onlookers. It's exciting to take in the floats, marching bands and German music and dancing.

For more of an activity to enjoy year-round, you can always take a stroll through the Alpine Helen Village and visit hundreds of shops, many featuring homemade gifts, such as **The Christmas Shoppe** where you'll find unique Christmas ornaments and trees, too. This includes a Dr. Seuss-themed tree and one with college sports fans in mind.

If you're traveling with a family like me, you can't get this close and not make a visit to **BabyLand General Hospital**, the home of the Cabbage Patch doll. The annual fall fest at BabyLand is packed with music, play and, of course, the excitement that comes from seeing the delivery of the newest member of the Cabbage Patch family, along with viewing thousands of Cabbage Patch Kids, including some of the original dolls, today with price tags in the thousands! On a personal note, it was special to see my daughter first up to hold the newborn — the last Cabbage Patch to be delivered in the hospital on



MUSICAL ENTERTAINMENT OUTSIDE HOFER'S BAKERY AND CAFÉ — 68 — BRAXTON CAMILLE SMITH WAS IN FOR A TREAT DURING HER FIRST VISIT TO BABYLAND GENERAL HOSPITAL.

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this Saturday of our visit! (And, yes, we did return from the getaway with another "sister.")

Need a quick treat to hold you over? You'll find something for your sweet tooth and more at **Hofers Bakery and Café**, an authentic German café where you may try out a variety of fresh baked goods and meals. (You might want to get in those holiday orders.) Did someone say boiled peanuts? For peanut lovers (brittle lovers included), stop by **Fred's Famous Peanuts**. Depending on the season, you may even get to sample the cider or slushies at this roadside stand.

At **Unicoi State Park and Adventure Lodge**, a popular spot for children for its unique barrel cabins, you're in for a cozy stay where you, your family and/or friends can enjoy the solitude of nature. If you so choose, you never have to leave the property for any of your meals, as Unicoi provides breakfast, lunch and

dinner. In addition to dozens of cabins, Unicoi has an on-site lodge with 100 rooms (WiFi included) and a conference center.

From Unicoi, you're minutes away from **Anna Ruby Falls Trail** — where you may get in a hike, taking in the calming twin waterfalls — that proves to be kid-friendly and pet-friendly.

Friendly faces, happy times — that's what you'll find when spending time in Alpine Helen. And while the city is a year-round beauty, you might especially appreciate its bright lights and glow during the winter season.

MORE INFO:

helenga.org

helenchamber.com

unicoilodge.com

babylandgeneral.com



OKTOBERFEST 2017



— 69 — WITNESSING A "BIRTH" AT BABYLAND GENERAL HOSPITAL

GIFTS
OF THE
SEASON



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painting is a whimsical black bird with blue background, sure to put a smile on your loved one's face. Available in a gallery wrap frame style, it's suitable for anyone who needs a gentle reminder that happiness is a choice. sugarboo.com

▼ **STYLE AND COMFORT**
Mom can be both fashionable and comfortable in **Reebok** styles such as **Z Print Her** and **Print Her 2.0**. reebok.com



▼ **iPhone X**
might be the hottest thing on everyone's list. Give your sweetie a surprise with the all-new **iPhone** featuring new additions such as wireless charging, all-screen display and a great new rear-facing camera, among others. apple.com



▲ **CAN WE SAY CUTE?**
Tawny Owl Pajamas from **Tea Collection** are so sweet in soft peach and super comfy, too. teacollection.com

▼ **FUTURE DOCTOR MAYBE?**
With **My Little Pediatrician Kit**, your child will learn how to examine babies, change a diaper and other skills. The kit includes a pediatrician handbook, graduation and birth certificates, a baby doll and doctor's coat with ID badge. littlemedicalschooll.com



▲ **LAGUIOLE OLIVE WOOD**
cheese set is perfect for your favorite cheese board. With natural wood handles, it can handle almost any kind of cheese. hudsongrace.com

▼ **STICK WITH IT!**
Help young ones keep track of their things with cute and colorful labels from **Stuck on You**. Stick or iron on personalized labels. Be sure to order a cute lunch box, too. stuckonyou.us



▲ **ONE TO WATCH**
You may think Dad has one too many watches — not if he doesn't have the **Blue Dial Three-Eye Chronograph** from **Orvis** in his collection. This blue-faced leather beauty features 24-hour time, the current day at a glance and a second time zone with dual-time dial.

▼ **CITIZEN SUPPLY'S ATL BLOCK FELT SWEATSHIRT**
is perfect for any native Atlantan (if you know any!), or for any proud Atlantan for that matter. With thick wrist, waist and neck collars, he'll be wearing this for years to come. citizensupply.com



▼ **SPILL THE TEA**
from this adorable **Mackenzie-Childs Checkered Tea Kettle**. With a roomy two-quart allowance, everyone can come over to hear the latest news. The stainless steel kettle is handpainted in a black-and-white check pattern and finished with a sculptural knob. williams-sonoma.com



EVERYTHING!

SCENTS OF THE SEASON

MARC JACOBS DAISY

Charmingly simple with a signature quality, **Marc Jacobs Daisy** is irresistibly feminine. The top of the fragrance is infused with succulent wild berries and soft white violets. At the heart, velvety jasmine warms to a dreamy drydown of sensual sandalwood, for a romantic, lingering finish. Daisy Marc Jacobs is the captivating creation of Master Perfumer Alberto Morillas.



HUGO BOSS BOSS BOTTLED TONIC

A fresh masculine twist on the classic fragrance, new **Boss Bottled Tonic** is the distillation of the fresh moment of clarity the man of today needs to regain composure, sharpen, reflect and go again. The first ever fresh fragrance from the iconic Boss Bottled portfolio, Boss Bottled Tonic reveals a new facet of modern masculinity — inviting the man of today to take a moment to refocus on his path to success. An inherently masculine fresh fragrance, Boss Bottled Tonic is an elegant composition of sophisticated citrus and rich woody notes to bring a lighter and refreshing dimension to the classic fragrance.



MARC JACOBS DECADENCE

Eau de Parfum is a sensual, luxurious, woody fragrance that embodies the spirit of irreverent glamour. Housed in a decadently feminine bottle inspired by an iconic handbag shape, the fragrance opens with sultry top notes of Italian plum, iris lower and saffron.



TIFFANY & CO. EAU de PARFUM SPRAY

Tiffany expresses the luxury, glamour and romance of New York in a bold new fragrance, **Eau de Parfum Spray**. Designed around the noble iris, Tiffany & Co. is a sparkling floral musk scent. The crystal bottle, gleaming with a hint of blue juice, recalls the iconic Tiffany Lucida® and Tiffany Yellow Diamond cuts. Like all of the jeweler's creations, Tiffany & Co. Eau de Parfum is presented in the signature Tiffany Blue Box®.



CHLOÉ ABSOLU de PARFUM LIMITED EDITION

Launched by the design house in 1975, **Chloé Absolu de Parfum Limited Edition** is classified as a flowery fragrance: a fresh and feminine fragrance suited to a free spirit with an utterly innate sense of chic. The scent takes the classic rose, honeysuckle, jasmine and orange flowers and ingeniously translates this into a vibrant perfume, intimate and sensual.



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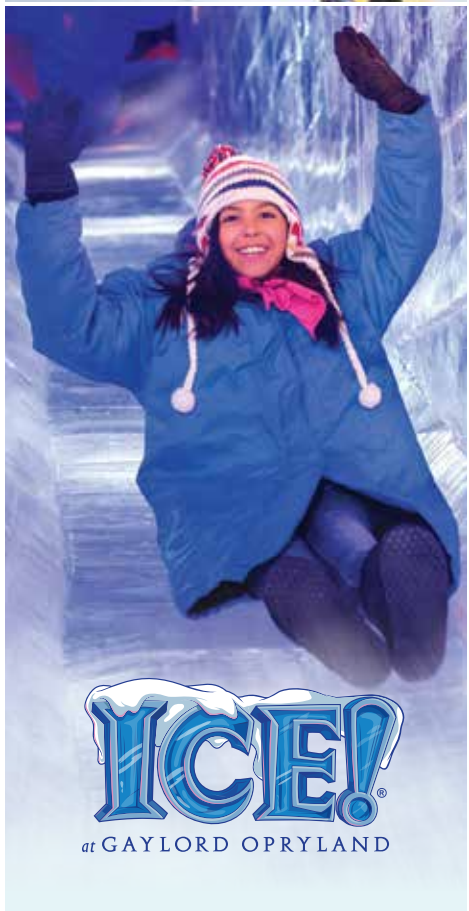
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◀ **Joan Lunden**, journalist, former host of *Good Morning America* and senior living advocate.





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